



SUBSTANCE MISUSE RESOURCES 2019

Name & Location	Phone Number	Days/Hours	Services Provided
SUBSTANCE ABUSE COUNSELING			
Alcoholics Anonymous	319-365-5955 888-425-4266	24 hours per day	Call for information on AA and al-anon meetings in Cedar Rapids area. www.al-anon-alateen.org or www.aa-cedarrapids.org
ASAC Adult Residential 3601 16 th Avenue SW Cedar Rapids, IA 52404	319-390-4611	Monday – Friday 8 AM - 5 PM 24 hours a day	22-bed residential substance abuse treatment program for men and women 18 years of age and older. Ten bed halfway house program. www.asac.us
ASAC Downtown Office: 317 7th Avenue SE, Ste. 203 Cedar Rapids, IA 52401	319-247-4873	Monday – Friday 8 AM - 5 PM 24 hours a day	Substance abuse assessments and individual and group treatment services for adults including extended outpatient, intensive outpatient and aftercare. Serves Spanish-speaking population. www.asac.us
ASAC East Office 4837 1st Avenue SE, Ste. 206 Cedar Rapids, IA 52402	319-447-1921	Monday – Friday 8 AM - 5 PM 24 hours a day	Substance abuse assessments and individual and group treatment services for adults including extended outpatient, intensive outpatient and aftercare. www.asac.us
ASAC Heart of Iowa 4050 Bowling Street SW Cedar Rapids, IA 52404	319-862-1050	Monday – Friday 8 AM - 5 PM 24 hours a day	Residential, outpatient, and halfway house services for pregnant women and women with children. On-site housing for 36 families. www.asac.us
ASAC West Office 3601 16 th Avenue SW Cedar Rapids, IA 52404	319-390-4611	Monday – Friday 8 AM - 5 PM 24 hours a day	Substance abuse assessments and individual and group treatment services for adults. Services include extended outpatient, intensive outpatient, aftercare, and family counseling for concerned others. Residential treatment for adults. Youth residential and outpatient programs. www.asac.us
ASAC Youth Services 3601 16 th Avenue SW Cedar Rapids, IA 52404	319-390-4611	Monday – Friday 8 AM - 5 PM 24 hours a day	Youth residential and outpatient services. ASAC's Youth Residential program has 22 beds for male and female adolescents ages 13 – 18. Joint program with Four Oaks. www.asac.us
Dual Diagnosis Program Sedlacek Treatment Center 5975 Rockwell Drive NE Cedar Rapids, IA 52402	319-398-6226	Monday – Friday 8 AM - 4:30 PM	Services provided for persons who have diagnoses of chemical dependency. The program has three levels of care based on the patient's severity of illness: Intensive Outpatient, Extended Outpatient, and Aftercare. Individual counseling education provided.
Iowa Substance Abuse Information Center	866-242-4111	Phones answered 24/7	Educational materials available. Referrals to treatment centers. Media resources. Training center. Behavioral health employer listing statewide database. www.drugfreeinfo.org
Mercy Hospital – Sedlacek Treatment Center 5975 Rockwell Drive NE Cedar Rapids, IA 52402	319-398-6226	Treatment is Monday - Thursday Counselors available Monday – Friday 8 AM - 4:30PM Walk- in Hours 8:30 AM to 12:30 PM Fridays Only	Assessments, evaluations, OWI evaluations, school consultations, outpatient aftercare, family and education programs.
<p>For more information regarding community resources, contact United Way 2-1-1 on a landline telephone at 2-1-1, by cellphone at 319-739-4211, or 1-866-469-2211. You may also choose to search the new United Way 2-1-1 website for resources at www.211iowa.org.</p> <p>To obtain a copy of the Resource Charts, go to www.linncounty.org/communityservices or contact Linn County Community Services at 319-892-5600. For questions about the Resource Charts, contact Linn County Community Services at 319-892-5600.</p>			

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St. Luke's Chemical Dependency Services 810 1 st Avenue NE Cedar Rapids, IA 52403	319-363-4429	Monday, Tuesday & Thursday, 8 AM - 9:30 PM Wednesday & Friday, 8 AM - 4:30 PM	Chemical dependency evaluations, intensive outpatient treatment, aftercare, relapse prevention, intervention training, family and individual counseling and information and referral. Extended outpatient program. Dual diagnosis outpatient group.
Tanager Place Mental Health Clinic 1030 5th Avenue SE Cedar Rapids, IA 52403	319-286-4545	Monday, Tuesday & Thursday, 8 AM – 7 PM Wednesday, 8 AM - 6 PM Friday, 8 AM - 4:30 PM	Tanager Place's Mental Health Clinic offers outpatient therapy for children with substance abuse issues. Children have the opportunity to work directly with a certified Drug and Alcohol Counselor to create an individualized treatment plan. www.tanagerplace.org
The Salvation Army 1000 C Avenue NW Cedar Rapids, IA 52405	319-364-9131	Monday - Friday, 8:30 AM - 4:30 PM Closed 12 PM - 1 PM All days by appointment Breakfast served, 8 AM - 9 AM Lunch served, 12 PM - 1 PM	The Salvation Army is both a social service and a religious organization. The Army practices an integrated ministry uniting spiritual, social and physical support. Seeks first to meet the immediate needs of families and individuals in crisis and stabilize their situations. Spiritual counsel is made available to those who seek it. The Salvation Army's core social services focus on meeting basic human needs. Locally, social service programs include emergency disaster services, senior activities, community meal and pantry program, homeless prevention and transportation assistance, holiday programs and youth activities. Transportation assistance may include tickets for the City bus and purchase of gas for qualifying individuals. The Salvation Army does not have volunteers to provide transportation. Rental and utility assistance.
MEDICATION ASSISTED TREATMENT (MAT) RESOURCES			
Area Substance Abuse Council (ASAC) Main Campus 3601 16th Ave SW Cedar Rapids, IA 52404	319-390-4611 info@asac.us	Business hours: Monday–Thursday 7:30 AM to 8 PM Friday 7:30 AM to 5 PM	ASAC offers Medication Assisted Treatment in combination with counseling to assist an individual with a substance use disorder. Medicaid and private insurance accepted. No Medicare.
Cedar Rapids Comprehensive Treatment Center 5005 Bowling St. SW Cedar Rapids, IA	319-531-3824	Business hours: Monday-Friday: 5:30 AM-2:30 PM Saturday: 7:30-10 AM Sunday: Closed Medicating hours: Monday-Friday 5:30 AM-11 AM Saturday 7:30-10 AM Sunday: Closed	CRCT provides medically supervised methadone, Suboxone, and buprenorphine (Subutex) treatment to individuals, 18 years and older, who are attempting to overcome an addiction to or dependence upon heroin or other opioids. Individual counseling and groups. www.cedarrapidsctc.com Medicaid accepted for methadone treatment.
Cedar Valley Recovery Services 151 Marion Blvd. Marion, IA 52302	319-363-2678	Business hours: Monday-Friday 6 AM – 2 PM Saturday 6 AM – 10 PM Methadone dosing: Monday-Friday 6 AM - 12 PM Saturday 6 AM - 10 PM	Opioid Treatment Program using Medication Assisted Treatment to treat opioid use disorder. Offers individual counseling services and 0.5 Early Intervention Education Cedar Valley Recovery Services will work with private insurance. VA benefits accepted.
Corridor Health Care Dr. Michael Simison, MD 4005 Wilson Ave SW Cedar Rapids, IA 52404	319 826-3994	Business hours: By appointment only	Suboxone treatment for opioid misuse disorder. No Medicaid accepted.

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Eastern Iowa Health Center 1201 3rd Ave SE Cedar Rapids, IA 52403	319-730-7300	Business hours: Monday – Friday 8 AM to 5 PM	Buprenorphine (Suboxone) treatment for opioid misuse disorder. Requires a referral from ASAC
St. Luke’s Hospital Chemical Dependency 810 1st Ave NE, 1st Floor Cedar Rapids, IA 52402	319-363-4429	Business hours: Monday – Friday 8 AM to 4:30 PM	Buprenorphine (Suboxone) and naltrexone treatment for opioid misuse disorders. St. Luke’s Chemical Dependency offers Collaborative Opioid Addiction Treatment (COAT) Group every Tuesday from 3-4:30 pm. Private insurance and Medicaid accepted.
NALOXONE DISTRIBUTORS			
ASAC Main Campus 3601 16 th Ave SW Cedar Rapids, IA 52404	319-390-4611 info@asac.us	Business hours: Monday – Friday 8 AM – 5 PM	ASAC offers intranasal naloxone distribution. Email info@asac.us for more information.
CarePro/Reutzel Pharmacy 717 A Ave NE #202 Cedar Rapids, IA	319-364-1586	Business hours: Monday – Friday, 8:30 AM – 5:30 PM Saturday 9 AM – 12 PM	Participate in naloxone distribution. Intramuscular Narcan (naloxone) available here. Prescription insurance accepted.
CVS Pharmacy	All Locations	Available during pharmacy hours	Participate in naloxone distribution. Forms of naloxone (intranasal, Narcan, Evzio) vary by location. Prescription insurance accepted. Cash price for the intranasal Narcan is \$130 for a 2-pack.
Eastern Iowa Harm Reduction Coalition 1216 2 nd Ave SE Cedar Rapids, IA 52403	319-214-0540	24/7 call or text hotline at 319-214-0540. Email assistance available at hello@lowaharmreductioncoalition.org	Offers naloxone administration training and free intramuscular (IM) naloxone kits to families, individuals, and organizations without a prescription. Risk reduction kits Free syringe clean up and disposal of sharps upon request. Free HIV and hepatitis C rapid testing. 24-hour hotline to address questions related to safer injection, vein health, and wound care. Fentanyl test strips allowing individuals to make informed decisions about their use and reduce the risk of overdose. Work with individuals to help gain access to local methadone and suboxone treatment programs. Patient navigation services for individuals living with hepatitis C.
Hy-Vee Pharmacy	All Locations	Available during pharmacy hours	Participate in naloxone distribution. Forms of naloxone (intranasal, Narcan, Evzio) vary by location. Various prescription insurance accepted. Cash price is \$145.99
Walgreens	All Locations	Available during pharmacy hours	Participate in naloxone distribution. Forms of naloxone (intranasal, Narcan, Evzio) vary by location. Various prescription insurance accepted. Cash price is \$135.99 for an intranasal Narcan 2-pack.
SUPPORT GROUPS/COUNSELING			
Abbe Center for Community Mental Health Club 520 Wellness Center 520 11 th St. NW Cedar Rapids, IA 52404	319-398-3562	Business hours: Tuesday-Thursday 1 PM 4 PM Friday 1 PM - 3:45 PM	Consumer run, recovery focused social support center. Offers structured activities, social opportunities, vocational assistance and recovery support group. Dual recovery anonymous group available to individuals with mental illness and substance abuse issues. Medicaid and private insurance accepted.
ASAC Downtown Office 317 7 th Ave SE, Ste. 203 Cedar Rapids, IA 52401	319-390-4611	Monday - Friday, 8 AM - 5 PM & by appointment.	Substance abuse assessments and individual and group treatment services for adults including extended outpatient, intensive outpatient and aftercare. Serves Spanish-speaking population. www.asac.us Medicaid and private insurance accepted. No Medicare.

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ASAC Heart of Iowa 4050 Bowling Street SW Cedar Rapids, IA 52404	319-390-4611	Monday - Friday, 8 AM - 5 PM 24 hours a day	Residential, outpatient, and halfway house services for pregnant women and women with children. On-site housing for 36 families. www.asac.us Medicaid and private insurance accepted. No Medicare.
ASAC West Office 3601 16th Avenue SW Cedar Rapids, IA 52404	319-390-4611	Monday - Friday, 8 AM - 5 PM	Substance abuse assessments and individual and group treatment services for adults. Services include extended outpatient, intensive outpatient, aftercare, and family counseling for concerned others. Residential treatment for adults. Youth residential and outpatient programs. www.asac.us Medicaid and private insurance accepted. No Medicare.
ASAC Youth Services 3601 16th Avenue SW Cedar Rapids, IA 52404	319-390-4611	Monday - Friday 8 AM - 5 PM 24 hours a day	Youth residential and outpatient services. ASAC's Youth Residential program has 22 beds for male and female adolescents ages 13 – 18. Joint program with Four Oaks. www.asac.us Medicaid and private insurance accepted. No Medicare.
Community Resources United to Stop Heroin (CRUSH) Linn County Mission of Hope 1700 B Ave NE Cedar Rapids, IA Johnson County Prelude Behavioral Services 438 Southgate Ave Iowa City, IA	Text HEROIN to 51555 to get connected	Linn County Meetings are the first and third Wednesday of each month 6 PM -7:30 PM Johnson County Third Monday of the month 6 PM -7:30 PM	CRUSH of Iowa is a grass roots, community based organization that is focused on helping those who have fallen victim to opioid addiction. No fees. www.crushofiowa.com www.facebook.com/crushofiowa
Covenant Family Solutions 1655 Blairs Ferry Rd. Marion, IA 52302	319-261-2292	Business hours: Monday – Thursday 9 AM – 6 PM Friday 9 AM – 5 PM	Providers that specialize in substance abuse therapy and addictions. Medicaid and private insurance accepted.
Dual Diagnosis Program Sedlacek Treatment Center 5975 Rockwell Dr. NE Cedar Rapids, IA 52402	319-398-6226	Business hours: Monday – Friday, 8 AM – 4:30 PM	Services provided for persons who have diagnoses of chemical dependency. The program has three levels of care based on the patient's severity of illness: Intensive Outpatient, Extended Outpatient, and Aftercare. Individual counseling education provided. Medicaid and private/commercial insurance accepted. Financial assistance available.
Iowa Substance Abuse Information Center	866-242-4111	Phones answered 24/7	Educational materials available. Referrals to treatment centers. Media resources. Training center. Behavioral health employer listing statewide database. www.drugfreeinfo.org
Mercy Hospital – Sedlacek Treatment Center 5975 Rockwell Dr. NE Cedar Rapids, IA 52402	319-398-6226	Business hours: Monday – Friday 8 AM – 4:30 PM	Assessments, evaluations, OWI evaluations, school consultations, outpatient aftercare, family and education programs. Medicaid and private/commercial insurance accepted. Financial assistance available.
Narcotics Anonymous Address Varies	800-897-6242	Hours vary	Regional meeting list can be found here: http://word.iowa-na.org/wp-content/uploads/2018/08/Regional-Meeting-List-August-2018.pdf

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Online Support: Online Narcotics Anonymous	800-897-6242	24 hours/day	Narcotics Anonymous Hotline provides telephone support for Iowa No fees
Peer recovery coach Cedar Rapids Counseling Professionals 375 Collins Road NE Suite 118 Cedar Rapids, IA 52402	319-313-5620	Business hours: Monday - Wednesday 9 – 6:30 PM Thursday – 8 AM – 5:30 PM Friday – 8 AM – 11 AM	General counseling services available. Christian based service also available which explores the processes of attachment that lead to addiction and examines the relationship between addiction and spiritual awareness. Addiction and Grace book group – Hours vary Private insurance accepted. No Medicaid.
SAMHSA's National Helpline	1-800-662-HELP (4357)	24/7, 365 days a year	Free, confidential treatment referral and information service for individuals and families facing mental and/or substance use disorders.
St. Luke's Hospital Chemical Dependency 810 1 st Ave NE, 1 st Floor Cedar Rapids, IA 52402	319-363-4429	Business hours: Monday – Friday 8 AM – 4:30 PM	Offers Collaborative Opioid Addiction Treatment (COAT) Group every Tuesday from 3-4:30 pm. The COAT group is a weekly treatment program used in conjunction with medications for an opioid use disorder. Offer substance abuse assessment and counseling. Also offer a Relapse Prevention Program, Substance Abuse Education/Prevention, and Substance Abuse Outpatient Services. Private insurance and Medicaid accepted.
Still Waters Recovery & Wellness 305 2nd Ave SE Suite 200 Cedar Rapids, Iowa 52401	319-350-9444	Business hours: Tuesday – Thursday 10 AM to 6 PM Monday and Friday by appointment only	Christian based outpatient substance abuse group. Family support group to help families cope with the effects of addiction. Online meeting available. No Medicaid accepted, but treatment is on a sliding scale fee based on income. Self-filing of private insurance claims is available.
Tanager Place Mental Health Clinic 1030 5th Avenue SE Cedar Rapids, IA 52403	319-286-4545	Monday, Tuesday & Thursday, 8 AM - 7 PM Wednesday, 8 AM - 6 PM Friday, 8 AM - 4:30 PM	Tanager Place's Mental Health Clinic offers outpatient therapy for children with substance abuse issues. Children have the opportunity to work directly with a certified Drug and Alcohol Counselor to create an individualized treatment plan. www.tanagerplace.org Medicaid, Hawk-I, and private insurance accepted.
Your Life Iowa Yourlifeiowa.org	Call- 855-581-8111 Text- 855-895-8398	24/7, 365 days a year	Free, confidential treatment referral and information service for individuals and families facing substance use disorders
Veterans Affairs Community Based Outpatient Clinic 2230 Wiley Blvd. SW Cedar Rapids, IA 52404	319-369-4340	Business hours: Monday – Friday, 8 AM – 4:30 PM	Counseling for combat veterans of war. Substance abuse counseling available.
UNUSED MEDICATION DROP OFF SITES			
Cedar Rapids Police Department 505 1 st St SW Cedar Rapids, IA 52404	319-286-5491	24 hours per day	Drug disposal for expired, unused, or unwanted medications. Box is located in the lobby of the police station.

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Hiawatha Police Department 101 Emmons St. Hiawatha, IA 52233	319-393-1212	24 hours per day	Drug disposal for expired, unused, or unwanted medications.
Linn County Sheriff's Office 210 2 nd Ave SW Cedar Rapids, IA	319-892-6100	24 hours per day	Dispose of expired, unused, or unwanted prescription drugs and medications safely. White box is permanently mounted in the Sheriff's Office visitor's parking lot off the 2 nd Ave entrance, near the handicap access ramp.
Lisbon Police Department 115 N. Washington Lisbon, IA	319-455-2452	Business hours: Monday – Friday 8 AM - 4:30 PM	Drug disposal for expired, unused, or unwanted medications. The box is located in the City Hall building on the second floor.
Marion City Police Department 3911 Katz Dr. Marion, IA 52302	319-377-1511	24 hours per day	Drug disposal for expired, unused, or unwanted medications. The yellow box is located outside of the police station.
Mount Vernon Police Department 213 1 st St NW	319-895-6141	Business hours: Monday – Friday 8AM - 5 PM	Drug disposal for expired, unused, or unwanted medications
PREVENTION PROGRAMS			
ASAC- Prevention Program 3536 18 th Ave SW Cedar Rapids, IA 52404	319-390-4611	Business hours: Monday-Friday 8 AM to 5 PM	Programs available for individuals or families to assist with prevention of substance use. Teaches communication skills, stress management, and prevention intervention. Accepts Medicaid and private insurance. No Medicare.
Foundation 2 Crisis Outreach 1714 Johnson Ave NW Cedar Rapids, IA 52405	319-362-2174	24 hours a day seven days per week including all holidays	Trained, compassionate telephone counselors 24 hours per day, 365 days per year. Free, confidential call. Most Foundation 2 services are free or based on a sliding fee scale. For more information on a specific program's cost, please call them for more information.
Mobile Crisis Outreach	319-247-0030	24 hours a day, seven days per week	When a service provider, medical professional, employer, family member, friend, or individual believes a situation would benefit from on-site crisis intervention, Mobile Crisis Outreach will help.
St. Luke's Chemical Dependency Services 1030 5 th Ave SE Cedar Rapids, IA 52403	319-363-4429	Business hours: Monday, Tuesday, Thursday 8 AM -9 PM Wednesday, Friday 8 AM - 4:30 PM	Free sessions available to those looking for substance abuse information or referrals. Private insurance and Medicaid accepted.
St. Luke's Chemical Dependency Services Relapse Prevention Program 1030 5 th Ave SE Cedar Rapids, IA 52403	319-363-4429	Business hours: Monday, Tuesday, Thursday 8 AM – 9 PM Wednesday, Friday-8 AM - 4:30 pm	Supports the continuing progress of clients in the Aftercare Program. Groups meet one time per week. This program is designed to help individuals who have completed treatment but are having a difficult time staying away from substances. Private insurance and Medicaid accepted.
St. Luke's Physical Medicine and Rehabilitation Pain Psychology Program 1026 A Ave NE Cedar Rapids, IA 52406	319-369-7331	Call for treatment dates	Pain management group that focuses on psychological components of pain. Private insurance and Medicaid accepted.

Name/Location	Phone Number	Days/Hours	Services Provided
Strengthening Families 520 11th St NW Cedar Rapids, IA 52405	319-892-5726	Hours vary: Please call for assistance	The program provides educational / skill building classes to parents and youth. Two hour weekly meetings. Six to seven week sessions. Meal and daycare provided. No fees.
TREATMENT FACILITIES			
ANCHOR Center 3115 12 th St. SW Cedar Rapids, IA	319-297-3500	Business hours: Monday – Friday 8 AM – 4:30 PM	Residential treatment for women with serious mental illness or co-occurring mental health and substance use disorders. Referral and screening requirements.
ASAC Adult Residential 3601 16 th Ave SW Cedar Rapids, IA 52401	319-390-4611	Business hours: Monday - Friday 8 AM to 5 PM 24 hours a day	22-bed residential substance abuse treatment program for men and women 18 years of age and older. Ten bed halfway house program. www.asac.us Medicaid and private insurance accepted. No Medicare.
Safe Place Foundation 529 6 th Ave SE Cedar Rapids, IA	319-366-3430 Leave message	Business hours: 9 AM – 9 PM	Substance free transitional housing program for homeless or near-homeless adult males.
Sedlacek Treatment Center 5975 Rockwell Drive NE Cedar Rapids, IA 52402	319-398-6226	Business hours: Monday – Friday 8 AM to 4:30 PM	Offers outpatient treatment for substance use disorder and Relapse Prevention Program. Medicaid and private/commercial insurance accepted. Financial assistance available.
St. Luke's Chemical Dependency Services 1030 5 th Ave SE Cedar Rapids, IA 52403	319-363-442	Business hours: Monday, Tuesday, Thursday 8 AM – 9 PM Wednesday, Friday 8 AM - 4:30 PM	Offers Comprehensive Evaluations, Intensive outpatient chemical dependency treatment, extended outpatient treatment, individual counseling, relapse prevention, aftercare, information and referral, intervention training, family counseling services, and consultations. Private insurance and Medicaid accepted.