| Name & Location | Phone Number | Days/Hours | Services Provided |
|--|--------------|--|---|
| | | BABY ITEMS | |
| | | | |
| Birthright, Inc. | | Call first! Monday and Tuesday from 10:00 AM to 8:00 | Free pregnancy testing – no appointment. Free and confidential assistance |
| 375 Collins Road NE, Suite 107 | | PM; Wednesday, Thursday and Friday from 10:00 AM to 4:00 PM; and the 1 st and 2 nd Saturday from 10:00 AM to | for pregnant women including professional referrals, maternity clothing vouchers and a welcome baby basket. |
| Cedar Rapids, IA 52402 | 393-3251 | 1:00 PM. | Vouchers and a welcome baby basket. |
| | | 17. 10.00 11.00 7.00 PM | |
| Bridgehaven 701 Center Point Road NE | | Monday and Thursday from 10:00 AM to 7:00 PM; Tuesday, Wednesday and Friday from 10:00 AM to 5:00 | Services provided to pregnant women, men and women with children under 18. Free pregnancy testing and counseling. Information about prenatal |
| 701 Center Pollit Road NE | 221 2227 | PM. | health and living skills available. Benefits provided to weekly class attendees. |
| Cedar Rapids, IA 52402 | 364-8967 | | Benefits are clothes for pregnant women and clothing for children from |
| I | | | infant to size 10. Need to interview to register. One time emergency |
| ı | | | assistance to non-clients. Referrals to other services. |
| Helping Hands Storeroom | + | Tuesday and Thursday from 1:00 PM to 3:00 PM. | Clothes for all ages. No baby furniture available. Must be referred for service |
| First Presbyterian Church | | | by pastor, school nurse, social worker, food bank, etc. Call for additional |
| 802 12 th Street | 377-7309 | | information. |
| Marion, IA 52302 | | | |
| Olivet Clothes Closet | | Tuesday through Friday from 8:30 AM to 11:30 AM; and | Variety of clothing available. |
| 230 10 th Street NW | | Saturday from 9:00 AM to 11:30 AM. | |
| | | | |
| Cedar Rapids, IA 52405 | 364-7946 | | |
| | | | |
| Wee Care Shop | | Must be a Young Parents Network participant. | Provides necessary baby items for Young Parents participants. |
| 420 6 th Street SE, Suite 180 | | | |
| | 364-8909 | | |
| Cedar Rapids, IA 52403 | ' | | |
| | ' | | |
| | | CLOTHING & HOUSEHOLD ITEMS | |
| | | CLUTHING & HOUSEHOLD ITEMS | |

| Name & Location | Phone Number | Days/Hours | Services Provided |
|--|----------------------------|--|--|
| Bridgehaven 701 Center Point Road NE Cedar Rapids, IA 52402 | 364-8967 | Monday and Thursday from 10:00 AM to 7:00 PM; Tuesday, Wednesday and Friday from 10:00 AM to 5:00 PM. | Services provided to pregnant women, men and women with children 18 and under. Benefits provided to weekly class attendees. Benefits are clothes for pregnant women and clothing for children from infant to size 10. Need to interview to register. One time emergency assistance to non-clients. "Treasures," a second hand store, is located behind the office building (see entry below). Referrals to other services. |
| American Red Cross Emergency Services 6300 Rockwell Drive NE Cedar Rapids, IA 52402 | 393-3500 800-982-2438 | 24 hours a day for victims of fire and natural disasters. Office hours: Monday through Thursday from 8:30 AM to 4:30 PM and Friday from 8:30 AM to 3:30 PM. | Clothing & food for victims of fire and natural disasters based on damage assessment. |
| Cornerstone Clothes Hanger 162 Jacolyn Drive NW Cedar Rapids, IA 52405 | 396-6361 | Tuesday from 9:00 AM to 11:00 AM; Wednesday from 5:00 PM to 6:00 PM; and Saturday from 9:00 AM to 11:00 PM. | A year-round clothes closet. |
| Crossroads Mission 1006 2 nd Street SW Cedar Rapids, IA 52404 | 365-0707 | Tuesday through Friday from 10:00 AM to 4:00 PM. | Food pantry, free clothes, blankets, etc. There are no requirements to receive items. |
| First Presbyterian Church Thrift Shop 310 5 th Street SE Cedar Rapids, IA 52401 | 364-6148 OR 364-0420 | Wednesdays (September through May) from 9:30 AM to 1:30 PM. | Clothing & household items at a minimal cost. |
| Goodwill of the Heartland | 654-9585 (West) | Monday through Friday from 9:00 AM to 9:00 PM; Saturday from 9:00 AM to 6:00 PM; and Sunday from | A variety of used clothing & household items at reasonable prices. |

| Name & Location | Phone Number | Days/Hours | Services Provided |
|--------------------------------|-----------------|---|---|
| West Store | | 12:00 PM to 5:00 PM. | |
| 2000 Scotty Drive SW | | | |
| Cedar Rapids, IA 52404 | 378-0393 (East) | | |
| Code rapids, ar solite | (2000) | | |
| | | | |
| East Store | | | |
| 5520 Council Street NE | 373-0480 | | |
| Cedar Rapids, IA 52402 | | | |
| | | | |
| Marion | | | |
| 3202 7 th Avenue | | | |
| | | | |
| Marion, IA 52302 | | | |
| Harambee House | | Monday through Friday from 8:00 AM to 12:00 PM and 1:00 PM to 5:00 PM. (Closed between 12:00 PM and | Free used clothing for adults and children and personal items. |
| 404 17 th Street SE | 366-1408 | 1:00 PM for lunch.) | |
| Cedar Rapids, IA 52403 | 300 1400 | | |
| | | | |
| Harvest House Ministry Center | | By appointment only | Helps furnish homes with basic household items. No fees, donations |
| 1215 C Avenue | | | accepted |
| | 319-472-4440 | | |
| Vinton, IA | | | |
| | | | |
| Helping Hands Storeroom | | Tuesdays and Thursdays from 1:00 PM to 3:00 PM. | Free used clothing & small household items available by referral only. Pastor, school nurse, social worker, food bank. |
| First Presbyterian Church | 377-7309 | | rastor, scribor nurse, social worker, rood balik. |
| 802 12 th Street | | | |
| | | | |

| Name & Location | Phone Number | Days/Hours | Services Provided |
|---|--------------|---|---|
| Marion, IA 52302 | | | |
| Waypoint's Day Resource Center 318 5 th Street SE Cedar Rapids, IA 52401 | 365-7207 | Monday through Friday from 9:00 AM to 5:00 PM for women and children <u>only</u> | Personal hygiene items available. Emergency food items, if available. |
| Mission of Hope 1537 1 st Avenue SE Cedar Rapids, IA 52403 | 362-5559 | Tuesday through Saturday from 1:00 PM to 4:00 PM. Food Pantry: Tuesday through Friday from 9:00 AM to 12:00 PM and 1:00 PM to 4:00 PM. | Blankets available to anyone in need. Emergency clothing for men. Hot meals served Tuesday through Friday from 12:00 PM to 1:00 PM. Food pantry is open all day Saturday. |
| Olivet Clothes Closet 230 10 th Street NW Cedar Rapids, IA 52405 Mailing address: 270 10 th Street NW Cedar Rapids, IA 52405 | 364-7946 | Tuesday through Friday from 8:30 AM to 11:30 AM and Saturday from 9:00 AM to 11:30 PM. | Free clothing outlet for those in need. Household items also available at no, or minimal, cost. Lamps, dishes, sheets. May apply for food once every 30 days. Must present photo ID. Everyday a selection of free bread. |
| St. Vincent de Paul 928 7 th Street SE Cedar Rapids, IA 52403 | 365-5091 | Monday through Saturday from 9:00 AM to 2:00 PM. | A variety of used clothing & household items at reasonable prices. For those who cannot afford to buy, must fill out an application and must be approved. Applications for food, rent and utilities accepted Monday through Saturday from 9:00 AM to 2:00 PM. A food basket (3 days worth of food) is provided once every 3 months. |

| Name & Location | Phone Number | Days/Hours | Services Provided |
|---|---------------|---|---|
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| Southeast Linn Community Clothing Closet 108 South Washington Street Lisbon, IA 52253 | 455-2844 | Monday through Friday from 8:00 AM to 3:00 PM or by appointment. | Clothing for all ages and male and female. Bedding and other items are sometimes available. |
| | | | Must be a Mt. Vernon or Lisbon Resident |
| The Salvation Army Thrift Stores | 365-9333 (SE) | SE Location: Monday through Saturday from 9:00 AM to 6:00 PM. Closed on Sundays. | A variety of used clothing & household items at reasonable prices. |
| ■ 717 3 rd Avenue SE | 373-3373 | Marion Location: Monday through Saturday from 9:00 | |
| Cedar Rapids, IA 52403 | (Marion) | AM to 8:00 PM. Closed on Sundays. | |
| ■ 2504 7 th Avenue | | | |
| Marion, IA 52302 | | | |
| Treasures at Bridgehaven Pregnancy Center | | Thursdays from 10:00 AM to 7:00 PM; Monday, Tuesday, Wednesday and Friday from 10:00 AM to 5:00 | Clothing & household items available in resale shop at reasonable prices. |
| 701 Center Point Road NE | | PM; Saturday from 10:00 AM to 2:00 PM. | |
| Cedar Rapids, IA 52402 | 364-1988 | | |
| | | FURNITURE & APPLIANCES | |
| St. Vincent de Paul Salvage Center 928 7 th Street SE | 365-5091 | Monday through Saturday from 9:00 AM to 4:00 PM. | Used furniture and small appliances available at a reasonable cost. No major appliances available. For those who cannot afford to buy, must fill out an application and must be approved. Applications for food, rent and utilities accepted Monday through Saturday from 9:00 AM to 2:00 PM. |

| Phone Number | Days/Hours | Services Provided |
|---------------|--|---|
| | | |
| | SE Location: Monday through Saturday from 9:00 AM to 6:00 PM. Closed on Sundays. | Used furniture and appliances available at a reasonable cost. |
| 365-9333 (SE) | Marion Location: Monday through Saturday from 9:00 AM to 8:00 PM. Closed on Sundays. | |
| 373-3373 | | |
| (Marion) | | |
| | | |
| 365-0898 | Monday – Friday 8:00 AM to 4:00 PM | Provide clothing, showers, washer and dryer and personal hygiene items to Veteran's that are homeless. Must provide discharge papers (DD214) or VA ID Card |
| | 365-9333 (SE) 373-3373 (Marion) | SE Location: Monday through Saturday from 9:00 AM to 6:00 PM. Closed on Sundays. Marion Location: Monday through Saturday from 9:00 AM to 8:00 PM. Closed on Sundays. 373-3373 (Marion) Monday – Friday 8:00 AM to 4:00 PM |