

<i>Name & Location</i>	Phone Number	Days/Hours	Services Provided
BABY ITEMS			
Birthright, Inc. 375 Collins Road NE, Suite 107 Cedar Rapids, IA 52402	393-3251	Call first! Monday and Tuesday from 10:00 AM to 8:00 PM; Wednesday, Thursday and Friday from 10:00 AM to 4:00 PM; and the 1 st and 2 nd Saturday from 10:00 AM to 1:00 PM.	Free pregnancy testing – no appointment. Free and confidential assistance for pregnant women including professional referrals, maternity clothing vouchers and a welcome baby basket.
Bridgehaven 701 Center Point Road NE Cedar Rapids, IA 52402	364-8967	Monday and Thursday from 10:00 AM to 7:00 PM; Tuesday, Wednesday and Friday from 10:00 AM to 5:00 PM.	Services provided to pregnant women, men and women with children under 18. Free pregnancy testing and counseling. Information about prenatal health and living skills available. Benefits provided to weekly class attendees. Benefits are clothes for pregnant women and clothing for children from infant to size 10. Need to interview to register. One time emergency assistance to non-clients. Referrals to other services.
Helping Hands Storeroom First Presbyterian Church 802 12 th Street Marion, IA 52302	377-7309	Tuesday and Thursday from 1:00 PM to 3:00 PM.	Clothes for all ages. No baby furniture available. Must be referred for service by pastor, school nurse, social worker, food bank, etc. Call for additional information.
Olivet Clothes Closet 230 10 th Street NW Cedar Rapids, IA 52405	364-7946	Tuesday through Friday from 8:30 AM to 11:30 AM; and Saturday from 9:00 AM to 11:30 AM.	Variety of clothing available.
Wee Care Shop 420 6 th Street SE, Suite 180 Cedar Rapids, IA 52403	364-8909	Must be a Young Parents Network participant.	Provides necessary baby items for Young Parents participants.
CLOTHING & HOUSEHOLD ITEMS			

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Bridgehaven 701 Center Point Road NE Cedar Rapids, IA 52402	364-8967	Monday and Thursday from 10:00 AM to 7:00 PM; Tuesday, Wednesday and Friday from 10:00 AM to 5:00 PM.	Services provided to pregnant women, men and women with children 18 and under. Benefits provided to weekly class attendees. Benefits are clothes for pregnant women and clothing for children from infant to size 10. Need to interview to register. One time emergency assistance to non-clients. "Treasures," a second hand store, is located behind the office building (see entry below). Referrals to other services.
American Red Cross Emergency Services 6300 Rockwell Drive NE Cedar Rapids, IA 52402	393-3500 800-982-2438	24 hours a day for victims of fire and natural disasters. Office hours: Monday through Thursday from 8:30 AM to 4:30 PM and Friday from 8:30 AM to 3:30 PM.	Clothing & food for victims of fire and natural disasters based on damage assessment.
Cornerstone Clothes Hanger 162 Jacolyn Drive NW Cedar Rapids, IA 52405	396-6361	Tuesday from 9:00 AM to 11:00 AM; Wednesday from 5:00 PM to 6:00 PM; and Saturday from 9:00 AM to 11:00 PM.	A year-round clothes closet.
Crossroads Mission 1006 2 nd Street SW Cedar Rapids, IA 52404	365-0707	Tuesday through Friday from 10:00 AM to 4:00 PM.	Food pantry, free clothes, blankets, etc. There are no requirements to receive items.
First Presbyterian Church Thrift Shop 310 5 th Street SE Cedar Rapids, IA 52401	364-6148 OR 364-0420	Wednesdays (September through May) from 9:30 AM to 1:30 PM.	Clothing & household items at a minimal cost.
Goodwill of the Heartland	654-9585 (West)	Monday through Friday from 9:00 AM to 9:00 PM; Saturday from 9:00 AM to 6:00 PM; and Sunday from	A variety of used clothing & household items at reasonable prices.

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<p>West Store</p> <p>2000 Scotty Drive SW</p> <p>Cedar Rapids, IA 52404</p> <p>East Store</p> <p>5520 Council Street NE</p> <p>Cedar Rapids, IA 52402</p> <p>Marion</p> <p>3202 7th Avenue</p> <p>Marion, IA 52302</p>	<p>378-0393 (East)</p> <p>373-0480</p>	<p>12:00 PM to 5:00 PM.</p>	
<p>Harambee House</p> <p>404 17th Street SE</p> <p>Cedar Rapids, IA 52403</p>	<p>366-1408</p>	<p>Monday through Friday from 8:00 AM to 12:00 PM and 1:00 PM to 5:00 PM. (Closed between 12:00 PM and 1:00 PM for lunch.)</p>	<p>Free used clothing for adults and children and personal items.</p>
<p>Harvest House Ministry Center</p> <p>1215 C Avenue</p> <p>Vinton, IA</p>	<p>319-472-4440</p>	<p>By appointment only</p>	<p>Helps furnish homes with basic household items. No fees, donations accepted</p>
<p>Helping Hands Storeroom</p> <p>First Presbyterian Church</p> <p>802 12th Street</p>	<p>377-7309</p>	<p>Tuesdays and Thursdays from 1:00 PM to 3:00 PM.</p>	<p>Free used clothing & small household items available by referral only. Pastor, school nurse, social worker, food bank.</p>

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Marion, IA 52302			
Waypoint's Day Resource Center 318 5 th Street SE Cedar Rapids, IA 52401	365-7207	Monday through Friday from 9:00 AM to 5:00 PM for women and children <u>only</u>	Personal hygiene items available. Emergency food items, if available.
Mission of Hope 1537 1 st Avenue SE Cedar Rapids, IA 52403	362-5559	Tuesday through Saturday from 1:00 PM to 4:00 PM. Food Pantry: Tuesday through Friday from 9:00 AM to 12:00 PM and 1:00 PM to 4:00 PM.	Blankets available to anyone in need. Emergency clothing for men. Hot meals served Tuesday through Friday from 12:00 PM to 1:00 PM. Food pantry is open all day Saturday.
Olivet Clothes Closet 230 10 th Street NW Cedar Rapids, IA 52405 Mailing address: 270 10 th Street NW Cedar Rapids, IA 52405	364-7946	Tuesday through Friday from 8:30 AM to 11:30 AM and Saturday from 9:00 AM to 11:30 PM.	Free clothing outlet for those in need. Household items also available at no, or minimal, cost. Lamps, dishes, sheets. May apply for food once every 30 days. Must present photo ID. Everyday a selection of free bread.
St. Vincent de Paul 928 7 th Street SE Cedar Rapids, IA 52403	365-5091	Monday through Saturday from 9:00 AM to 2:00 PM.	A variety of used clothing & household items at reasonable prices. For those who cannot afford to buy, must fill out an application and must be approved. Applications for food, rent and utilities accepted Monday through Saturday from 9:00 AM to 2:00 PM. A food basket (3 days worth of food) is provided once every 3 months.

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Southeast Linn Community Clothing Closet 108 South Washington Street Lisbon, IA 52253	455-2844	Monday through Friday from 8:00 AM to 3:00 PM or by appointment.	Clothing for all ages and male and female. Bedding and other items are sometimes available. Must be a Mt. Vernon or Lisbon Resident
The Salvation Army Thrift Stores <ul style="list-style-type: none"> ▪ 717 3rd Avenue SE Cedar Rapids, IA 52403 ▪ 2504 7th Avenue Marion, IA 52302 	365-9333 (SE) 373-3373 (Marion)	SE Location: Monday through Saturday from 9:00 AM to 6:00 PM. Closed on Sundays. Marion Location: Monday through Saturday from 9:00 AM to 8:00 PM. Closed on Sundays.	A variety of used clothing & household items at reasonable prices.
Treasures at Bridgehaven Pregnancy Center 701 Center Point Road NE Cedar Rapids, IA 52402	364-1988	Thursdays from 10:00 AM to 7:00 PM; Monday, Tuesday, Wednesday and Friday from 10:00 AM to 5:00 PM; Saturday from 10:00 AM to 2:00 PM.	Clothing & household items available in resale shop at reasonable prices.
FURNITURE & APPLIANCES			
St. Vincent de Paul Salvage Center 928 7 th Street SE	365-5091	Monday through Saturday from 9:00 AM to 4:00 PM.	Used furniture and small appliances available at a reasonable cost. No major appliances available. For those who cannot afford to buy, must fill out an application and must be approved. Applications for food, rent and utilities accepted Monday through Saturday from 9:00 AM to 2:00 PM.

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Cedar Rapids, IA 52403			
<p>The Salvation Army Thrift Stores</p> <ul style="list-style-type: none"> ▪ 717 3rd Avenue SE Cedar Rapids, IA 52403 ▪ 2504 7th Avenue Marion, IA 52302 	<p>365-9333 (SE)</p> <p>373-3373 (Marion)</p>	<p>SE Location: Monday through Saturday from 9:00 AM to 6:00 PM. Closed on Sundays.</p> <p>Marion Location: Monday through Saturday from 9:00 AM to 8:00 PM. Closed on Sundays.</p>	Used furniture and appliances available at a reasonable cost.
<p>VA Outreach Center</p> <p>1533 1st Avenue SE Cedar Rapids, Iowa 52403</p>	365-0898	Monday – Friday 8:00 AM to 4:00 PM	Provide clothing, showers, washer and dryer and personal hygiene items to Veteran’s that are homeless. Must provide discharge papers (DD214) or VA ID Card