

<i>Name & Location</i>	Phone Number	Days/Hours	Services Provided
Case Management Services			
Abbe Center for Community Mental Health – Case Management 317 7 th Avenue SE, Suite 302A Cedar Rapids, IA 52401	261-0576	Monday from 8:00 AM to 5:00 PM, Tuesday through Thursday from 8:00 AM – 4:30 PM and Friday from 8:00 AM – 4:00 PM.	Provides assessment, planning coordination of services, monitoring and crisis intervention for adults over the age of 18 with mental illness.
Linn County Mental Health Developmental Disabilities (MHDD) Services – Case Management 1240 26 th Avenue Court SW Cedar Rapids, IA 52404	892-5620	Monday through Friday from 8:00 AM to 4:30 PM.	Assists persons with intellectual and developmental disabilities in accessing services and arranging funding for services.
FUNDING			
IowaCare Assistance Program University of Iowa Hospitals & Clinics 200 Hawkins Drive Iowa City, IA 52242	892-6700	Monday through Friday from 8:00 AM to 4:30 PM.	Persons eligible for the IowaCare Program are those between the ages of 19-64 with incomes at or below 200% of the federal poverty level, who do not have other forms of insurance. Application forms are available within UI Hospitals and Clinics at Social Services, as well as from the Iowa Department of Human Services. Persons <u>must</u> be seen at the University. Transportation is available for those in need. www.oasis.ia.gov
Iowa Department of Human Services 411 3 rd Street SE Cedar Rapids, IA 52401	892-6700	Monday through Friday from 8:00 AM to 4:30 PM.	Public system of mental health and disabilities care in Iowa, which provides a safety net for the uninsured or those who do not have commercial health insurance benefits coverage to meet their needs.

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Iowa Vocational Rehabilitation Services 4403 1 st Avenue SE, Suite L10 Cedar Rapids, IA 52402	294-9308	Monday through Friday from 8:00 AM to 4:30 PM.	Vocational planning and job placement for persons who are mentally, physically or psychologically disabled.
Linn County Mental Health Developmental Disabilities (MHDD) Services 1240 26 th Avenue Court SW Cedar Rapids, IA 52404	892-5670	Monday through Friday from 8:00 AM to 4:30 PM.	Provides funding for mental health and developmental disability services. Persons that cannot afford to pay for treatment, supported living or job training may be able to receive assistance from MHDD.
Linn County SED Wraparound Kids Program 520 11 th Street NW Cedar Rapids, IA 52405	892-5726	Monday through Friday from 8:30 AM to 5:00 PM.	Provides limited funding for mental health assessments, therapy and counseling, therapeutic programs and medications for qualifying Linn County children with Serious Emotional Disturbance.
Magellan Health (NO OFFICE)	(800) 638-8820	24 hours per day, seven days per week.	Provides integrated Mental Health and Substance Abuse (MHSA) services through an expanded contract with the Iowa Department of Human Services and the Iowa Department of Public Health for persons with Title 19.
<i>Mental Health Clinical Services</i>			
Abbe Center for Community Mental Health 520 11 th Street NW Cedar Rapids, IA 52405	398-3562	Monday, Tuesday and Thursday from 8:00 AM to 6:00 PM, Wednesday from 8:00 AM to 8:00 PM and Friday from 8:00 AM to 4:00 PM. Emergency availability 24 hours a day.	Offers Psychiatrists, Psychologists, Therapists, Adult Day Treatment, Intensive Psychiatric Rehabilitation, Life Skills, Peer Support and two peer-run Recovery Centers, School-Based Services for children and adolescents in Cedar Rapids, and Homeless Outreach Services.
Cedar Centre Psychiatric Group 1730 1 st Avenue NE Cedar Rapids, IA 52402	365-3993	Monday through Friday from 8:00 AM to 5:00	Offers Psychiatrists, Psychologists, and Therapists and psychological and neuro-psych

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		PM. Offers evening appointments.	testing.
Foundation 2 Crisis Center 1540 2 nd Avenue SE Cedar Rapids, IA 52403	362-2174	Monday through Friday from 8:00 AM to 12:00 Midnight. On-call overnight hours as well. Crisis Line available 24 hours a day, 7 days per week.	Offers licensed therapists. Also offers a Depression and Anxiety Support Group (weekly) and a Suicide Survivor Support Group (twice monthly). 24-hour crisis line available.
Grace C. Mae Advocate Center 3113 1 st Avenue SW Cedar Rapids, IA 52405	361-6529	Monday through Friday 8:30 AM to 5:30 PM.	Individual and family mental health treatment and advocacy. Certified play therapists are available. Sand tray therapy is available. EMDR therapy and trauma treatment is available.
Hillcrest Family Services 317 7 th Avenue SE, Suite 202C Cedar Rapids, IA 52401	362-3149	Monday through Thursday from 9:00 AM to 4:00 PM.	Unplanned pregnancy counseling, adoption services, supported community living for individuals with mental illnesses.
Horizons – A Family Service Alliance 819 5 th Street SE Cedar Rapids, IA 52401	398-3943	Monday, Tuesday, Wednesday and Friday from 8:00 AM to 5:00 PM and Thursday from 7:00 AM to 7:00 PM.	Offers therapists that provide mental health counseling for individuals, families, couples and children.
Mercy Family Counseling 1340 Blairs Ferry Rd NE, Suite A Hiawatha, IA 52233	398-6575	Monday through Friday from 8:00 AM to 4:30 PM.	Offers therapists for individuals, families, couples and children of all ages. Also has a behavioral pediatrician and clinical nurse specialist for assessment and testing of ADD, ADHD, Aspergers, etc.
Mercy Psychiatry 701 Tenth Street SE Cedar Rapids, IA 52403	369-4777	Monday through Friday from 8:30 AM to 4:30 PM.	Offers Psychiatrists, Psychologists and nurse practitioners that specialize in medication management. Has a licensed therapist for mental health and substance abuse counseling.

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St. Luke's Counseling Center 1077 North Center Point Road Hiawatha, IA 52233	369-7952	Monday through Friday from 8:00 AM to 4:30 PM.	Offers Psychologists, Therapists and intensive outpatient services.
Tanager Place Mental Health Clinic 2309 C Street SW Cedar Rapids, IA 52404	286-4545	Monday through Thursday from 8:00 AM to 6:00 PM and Friday from 8:00 AM to 4:30 PM.	Tanager Place Mental Health Clinic provides outpatient comprehensive mental health services to children, adolescents and their families. The clinic staff offers child psychiatric assessment and medication management, individual and family therapy, play therapy, music therapy and applied behavior analysis. An individualized care plan and specific treatment goals are established for all patients. www.tanagerplace.org
TJ Support Services 413 Adams Street Ryan, IA 52330	(319) 202-0658	Monday through Friday 8:00 AM to 5:00 PM.	Provides transportation to and from appointments, grocery stores, 12-step recovery program. Individual counseling for substance abuse issues.
PAYEE SERVICES			
Area Payee Services 1436 L Street SW Cedar Rapids, IA 52404	364-9800	Tuesday through Friday from 9:30 AM to 4:30 PM.	Provides services to persons who have been determined by Social Security to need assistance in managing their benefit checks and are required to have a payee. Will also serve voluntary clients. The payee sees that rent, utilities, and other bills are paid. The payee also budgets the client's personal spending money and provides that to the client on a regular basis.
Benefit Services, Inc. 4403 1 st Avenue SE, Suite 402 Cedar Rapids, IA 52402	(319) 294-4408	Tuesday through Friday from 9:30 AM to 5:30 PM.	Provides services to persons who have been determined by Social Security to need assistance in managing their benefit checks and are required to have a payee. The payee sees that rent, utilities, and other bills are paid. The payee also budgets the

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			client's personal spending money and provides that to the client on a regular basis.
Integrity Bonded Services	(319) 350-8827	Monday 12:00 PM to 5:00 PM Tuesday and Thursday 9:00 AM to 4:00 PM Wednesday 9:00 AM to 7:00 PM Friday 9:00 AM to 12:00 PM	Protective representation payee.
Payee Services & Solutions PO Box 205 Lisbon, IA 52253	(319) 530-0900	Monday through Thursday from 9:00 AM to 4:00 PM. Friday by appointment.	Provides services to persons who have been determined by Social Security to need assistance in managing their benefit checks and are required to have a payee. The payee sees that rent, utilities, and other bills are paid. The payee also budgets the client's personal spending money and provides that to the client on a regular basis. Makes scheduled visits to Cedar Rapids every Tuesday and in Iowa City every Wednesday.
ADVOCACY & INFORMATION			
Access to Independence of the Eastern Iowa Corridor 317 7 th Avenue SE, Suite 403 Cedar Rapids, IA 52401 381 East College Street Iowa City, IA 52240	366-0642 Or (319) 338-3870	Monday through Friday from 10:00 AM to 4:00 PM.	Provides advocacy, information and referral, peer counseling, recreation and activities for persons with disabilities.

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<p>Cedar Rapids Civil Rights Commission</p> <p>425 2nd Street SE, Suite 960</p> <p>Cedar Rapids, IA 52401</p>	<p>286-5036</p>	<p>Assistance available Monday through Friday from 8:00 AM –5:00 PM.</p>	<p>Ensures compliance with The Americans with Disabilities Act of 1990 (ADA), which prohibits discrimination on the basis of disability in the areas of credit, education, employment, housing and public accommodations and Sections 501 and 505 of the Rehabilitation Act of 1973, which prohibits employment discrimination of persons with disabilities in the federal sector. www.cedar-rapids.org/civilrights</p>
<p>Communication Service for the Deaf of Iowa (CSD of Iowa)</p> <p>4403 First Avenue SE, Suite 302</p> <p>Cedar Rapids, IA 52402</p>	<p>429-7210</p>	<p>Monday through Friday from 8:00 AM to 5:00 PM</p>	<p>Provides peer support and advocacy through empowerment of deaf or hard of hearing adults. Specialized information resources and referral services for persons with hearing loss. CSD of Iowa also offers Domestic Violence/Sexual Assault Program, Supported Community Living Program, American Sign Language/Deaf Culture Classes and Seniors Deaf or Hard of Hearing Adult Services.</p>
<p>Department of Human Rights</p> <p>Office of Persons with Disabilities</p> <p>321 E. 12th Street</p> <p>Des Moines, IA 50319</p>	<p>(888) 219-0471 (V/TTY)</p>	<p>Monday through Friday from 8:00 AM to 4:30 PM.</p>	<p>Offers technical assistance, information and referral concerning matters of employment, housing, accessibility, transportation, education, programs and services. The Iowa Client Assistance Program (ICAP) is a program designed to help persons who are seeking or receiving services from an agency funded by the Rehabilitation Act. Operates youth and college leadership forums.</p>
<p>Disability Rights Iowa</p> <p>400 East Court Avenue, Suite 300</p> <p>Des Moines, IA 50309</p>	<p>(800) 779-2502 or (515) 278-2502</p>	<p>Monday through Friday from 8:00 AM to 5:00 PM.</p>	<p>Protects the human and legal rights of all persons with disabilities in Iowa.</p>

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	TTY (866) 483-3342 or TTY (515) 278-0571		
Iowa Legal Aid 317 7 th Avenue SE, Suite 404 Cedar Rapids, IA 52401-2007	364-6108 or 1-800-332-0419	In person assistance available: Monday through Friday from 8:30 AM to 4:30 PM. New intakes are taken by phone Monday through Friday, from 9:00 AM to 11:00 AM and Monday, Tuesday, Wednesday and Friday from 1:30 PM to 3:30 PM. If an emergency, new applications are accepted at any time. Interpreters provided. www.iowalegalaid.org	Can assist with housing, employment, and education discrimination as well as special education issues, SSI and other disability-related legal issues. Free legal services provided for people who meet income and asset guidelines.
Linn County Mental Health Advocate (NO OFFICE)	832-1348	Monday through Friday from 8:00 AM to 4:30 PM.	Serves as a liaison and advocate for persons under a mental health committal.
NAMI (NO OFFICE) PO Box 945 Cedar Rapids, IA 52406-0945	(319) 221-1184	Monday through Friday from 8:00 AM to 8:00 PM. Contact and leave a message.	Provides peer support and advocacy through empowerment for persons with mental illness, support for family members and friends of persons with mental illness and support for parents of children and teens with Serious Emotional Disturbance. Also sponsors educational forums.
EMERGENCY SERVICES			
Abbe Center for Community Mental Health 520 11 th Street NW Cedar Rapids, IA 52405	398-3562	24 hours per day, seven days per week.	Emergency response to crises during daytime hours. Available to walk-ins or by phone. During evening hours, assistance available by phone.

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<p>Mobile Crisis Outreach</p> <p>Foundation 2 Crisis Center</p> <p>1540 2nd Avenue SE</p> <p>Cedar Rapids, IA 52403</p>	<p>362-2174</p> <p>or</p> <p>247-0030</p>	<p>24 hours per day, seven days a week.</p>	<p>Service providers, medical professionals, employers, family members, friends or individuals in Linn County that believe a situation would benefit from on-site crisis intervention can call seven days a week. This service is provided at no cost to the individual.</p>