

Name & Location	Phone Number	Days/Hours	Services Provided
LOW INCOME ASSISTANCE			
Department of Human Services 411 3 rd St. SE Cedar Rapids, IA 52401	892-6700	Office hours are Monday through Friday from 8:00 AM to 4:30 PM. Phone interview available Monday through Friday from 8:00 AM to 4:30 PM for food assistance.	Eligibility: Low Income. Service: Provides cash assistance, Title 19 (Medicaid), food assistance and child care. For child protective services, call (319) 892-6700 or toll-free (800) 362-2178, 24-hours per day.
Linn County General Assistance 1240 26 th Avenue Ct. SW Cedar Rapids, IA 52404	892-5850	Monday through Friday from 7:30 AM to 4:00 PM. Closed holidays. Interviews by appointment only.	Provides emergency financial assistance for rent, gas, electric, water bill for current month, home-mortgage interest, food and non-food, and burial/cremation. Will not help with deposits, late fees or taxes. ga@linncounty.org www.linncounty.org
ENERGY ASSISTANCE			
HACAP Energy Assistance & Weatherization/I-CARE/P-CARE Various HACAP locations. Call for information.	393-7811	Monday through Friday from 8:00 AM to 5:00 PM.	Eligibility: Must meet income guidelines. Service: Help with heating bill, weatherization, furnace replacement or repair.
HACAP – Utility Assistance Various HACAP locations. Call for information.	393-7811	Monday through Friday from 9:00 AM to 12:00 PM and 1 PM to 5:00 PM.	Eligibility: case by case basis. Service: Crisis payment for heat, electric and propane.
COMMUNITY ASSISTANCE PROGRAMS			
American Red Cross 6300 Rockwell Drive NE Cedar Rapids, IA 52402	393-3500	24-hours a day for active duty military & their families. 24 hours a day for those affected by disaster.	Facilitates loans for active duty military through the Military Aid Society. Immediate needs for food, shelter and clothing to those who have been affected by disaster. www.grantwood-redcross.org
Helping Hands Ministry 601 Second Avenue SE, #2 Cedar Rapids, IA 52401	366-2651	Monday through Friday from 10:00 AM to 4:00 PM. By appointment. For rent or utility assistance, please call by phone only during the last Monday of the month to schedule an appointment. If Monday is a holiday, phone the next day.	Eligibility: Open to all Linn County residents. Service: Helping Hands Ministry is a faith-supported ministry providing a service to persons needing emergency financial assistance, referrals, supportive services and advocacy. Helping Hands primarily provides referrals and limited financial assistance. FEMA assistance available for persons affected by the flood. In addition Helping Hands has been awarded a Rural Grant that provides assistance for first month's rent or to avoid eviction. This grant does not include Cedar Rapids, Hiawatha, and Marion communities. Finally, Helping Hands provides local bus tickets. Each month a set amount of bus tickets are handed out.
Homeowner's HOPE HOPE Hotline www.995hope.org	1-888-995-HOPE (4673)	24 hours per day, seven days per week.	Counseling service for those in danger of foreclosure. Counselors are trained to set up a plan of action. On-line counseling is also available.
Iowa Legal Aid 317 7 th Ave SE Cedar Rapids, IA 52401	364-6108 800-532-1275	In person assistance: Monday through Friday from 8:30 AM to 4:30 PM. New intakes will be taken during office hours and by phone, Monday through Friday, from 9:00 AM to 11:00 AM and 1:30 PM to 3:30 PM, except Thursday afternoons. If an emergency, new applications	ILA can help with utility shut-offs, debt collection issues, garnishments, and income tax problems, especially tax controversies. Free legal services provided for persons who meet income and asset guidelines. Se habla espanol.

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		will be accepted at any time. Interpreters provided. www.iowalegalaid.org	
Iowa Mortgage Help www.iowamortgagehelp.com	1-877-622-4866	Monday through Friday from 8:30 AM to 5:00 PM.	For those at risk of losing their home to foreclosure. Mediation service will explore if borrowers and their lenders might be able to agree on an approach to avoid foreclosure. Be prepared to provide full financial information. For those who have mortgage concern of any kind. Services are free to clients.
Metro Catholic Outreach 420 6 th Street SE Cedar Rapids, IA 52401	739-5490	Monday through Thursday from 9:00 AM to 3:00 PM; Friday from 9:00 AM to 1:00 PM.	Provides financial assistance for those in need of help with housing and utility costs. Food pantry also available.
St. Vincent De Paul Salvage Center 928 7 th Street SE Cedar Rapids, Iowa 52403	365-5091	Monday through Friday from 9:00 AM to 2:00 PM.	Eligibility: Low income individuals. Service: We provide for low-income persons in our community. Possible assistance with rent and utilities when funds are available; with a thrift shop that has clothing, household goods, furniture and small appliances. Food pantry available 9:00 AM to 3:00 PM.
The Salvation Army 1000 C Avenue NW Cedar Rapids, IA 52405	364-9131	Monday through Friday from 8:30 AM to 12:00 PM and 1:00 PM to 4:30 PM.	Eligibility: Open to all. Service: Services for transients and families by direct request or agency referrals. Local help with financial emergencies, food, and more. Provides referrals for clothes closets in the community. Furniture and clothing vouchers are only for disaster victims. Must meet income guidelines of 125% poverty level.