

SEXUAL HEALTH RESOURCES

2017

Name & Location	Phone Number	Days/Hours	Services Provided
PREGNANCY/STI TESTING			
<p>Coe College Health Services 1220 First Avenue NE Cedar Rapids, IA 52402</p> <p>Located in the lower level of The P.U.B.</p>	(319) 399-8617	<p><u>Clinic Hours:</u> Monday through Friday from 9:00 AM to Noon, 1:00 PM to 4:00 PM.</p> <p>Hours when school is in session. Limited hours during breaks. Call for an appointment.</p>	<p>Services only available to registered students (including part-time, commuter and non-traditional students). Provides medical and counseling referrals, prescriptions (when appropriate), reference/educational materials, pregnancy testing, birth control, free condoms, STI testing and treatment.</p>
<p>Cornell College Health Services 600 First Street SW Mount Vernon, IA 52314</p> <p>Located in Ebersole Memorial Student Health Center</p>	(319) 895-4292	<p><u>Clinic Hours:</u> Monday through Friday from 8:00 AM to 4:30 PM.</p> <p>Hours when school is in session only. Must schedule online or call for an appointment. Call after hours for information on how to contact the physician on call for a medical emergency. Walk-ins if available.</p>	<p>Services only available to registered students. Services include health promotion, sexual health education, contraceptive counseling, pregnancy testing, emergency contraception, on-site STI and HIV testing, and medical referrals. Condoms available. Visits from Eastern Iowa Women's Health Center 2 times a month offering well-woman exams, STI testing and pregnancy counseling. Fees for lab tests and Eastern Iowa Health Center (sliding fee scale).</p> <p>http://www.cornellcollege.edu/student-health/index.shtml</p>
<p>Eastern Iowa Health Center 1201 3rd Ave SE Cedar Rapids, IA 52403</p> <p>Eastern Iowa Women's Health Center 4251 River Center Ct NE Cedar Rapids, IA 52402</p>	(319) 730-7300	<p>Monday and Friday from 8:00 AM to 5:00 PM. Tuesday, Wednesday and Thursday from 8:00 AM to 7:00 PM.</p> <p>Phone answered 24 hours per day, 7 days per week for questions or patient concerns. Please call for an appointment. Same day and walk-in appointments usually available.</p>	<p>Primary care family practice and pediatrics office. All insurances accepted. Sliding fee scale for patients with no insurance or inadequate coverage. Please call for more information. Women's Health Center provides Title X funding for birth control counseling and prescribing, placement of Long Acting Reversible Contraceptives, pregnancy testing, OB/GYN care, STI/HIV testing, STI treatment, gynecological care, prescription assistance, educational brochures, transportation, translation, social work, homeless outreach and counseling services on-site. Condoms available. Outreach programs available at Coe College, Cornell College, and Jones Regional Medical Center. www.easterniowahealthcenter.com</p>
<p>Emma Goldman Clinic 227 N. Dubuque Street Iowa City, IA 52245</p>	(319) 337-2111 or 1(800) 848-7684	<p><u>Clinic Hours:</u> Monday, Tuesday, and Wednesday from 9:00 AM to 5:00 PM. Thursday and Friday from 7:45 AM to 5:00 PM for procedures. Occasional Saturday from 9:00 AM to 1:00 PM.</p> <p>Please call for an appointment.</p>	<p>Provides pregnancy testing and options counseling, abortion services, gynecologic exams and treatment, birth control counseling and prescriptions and HIV/STI testing. Provides PEP and PrEP. Condoms and emergency contraception available at low cost. ***Must call for an appointment. *** Walk-ins available for following services: STI testing, pregnancy testing and options counseling, prenatal and adoption referrals, birth control consultations. Male exams. LGBT services including hormone therapy.</p> <p>http://www.emmagoldman.com</p>

For more information regarding community resources, contact United Way 2-1-1 by phone at 2-1-1, 319-739-4211, or 1-866-469-2211.

You may also choose to search the new United Way 2-1-1 website for resources at www.firstcallforhelpiowa.org.

To obtain a copy of the Resource Charts, go to www.linncounty.org/communityservices or contact Linn County Community Services at 892-5600.

For questions about the Resource Charts, contact Linn County Community Services at 892-5600.

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Informed Choices 821 S. Gilbert St Iowa City, IA 52240	(319) 337-0575	Monday and Wednesday from 9:00 AM to 5:00 PM. Tuesday and Thursday from Noon to 8:00 PM. Friday and Saturday by appointment only.	Faith-based organization providing free testing for Chlamydia, HIV, Hepatitis C, Gonorrhea, and Syphilis, as well as ultrasounds, pregnancy testing and prenatal care. https://www.informedchoicesclinic.com
Iowa City Free Medical Clinic 2440 Towncrest Drive Iowa City, IA 52240	(319) 337-4459	<u>Office Hours:</u> Monday through Thursday from 9:00 AM to 4:00 PM. Friday from 9:00 AM to Noon. Clinic hours vary. Please call for an appointment. Tuesday Walk-in HIV Clinic from 9:00 AM to 3:00 PM.	Services include gynecological exams, breast exams, diagnosis and treatment of vaginal and urinary tract infections, STI testing and treatment, confidential HIV counseling and testing, pregnancy testing, educational materials, referrals when necessary. *** No cost for services. Donations encouraged. http://www.freemedicalclinic.org
Johnson County Public Health Health and Human Services Building 855 S Dubuque Street Iowa City, IA 52240	(319) 356-6040	Assistance Monday through Friday from 8:00 AM to 4:30 PM. Call for an appointment. Walk-ins are welcome.	Free HIV testing, counseling and referrals. Hepatitis C and Syphilis testing available for those that qualify. PrEP referral. MPowerment Program: a social outreach program for young gay and bisexual men aimed at reducing new HIV infections. Prenatal nutrition counseling. Child and adult immunizations. http://www.johnsoncounty.com/dept_health?id=4485
Kirkwood Community College Campus Health Cedar Rapids Campus: Iowa Hall 132 6301 Kirkwood Blvd. SW Cedar Rapids, IA 52404 Iowa City Campus: Room 146 1816 Lower Muscatine Road Iowa City, IA 52240	Cedar Rapids: (319) 398-5588 Iowa City: (319) 887-3949	Cedar Rapids: Monday through Friday from 8:00 AM to 5:00 PM. Nurses available Monday through Friday from 9:00 AM to 3:00 PM. Call for an appointment. Iowa City: Tuesday and Wednesday from 10:00 AM to 2:00 PM. HIV Screening Thursday 10 AM to 1 PM. Call for an appointment.	Services free for registered students. Cedar Rapids site provides referrals, pregnancy testing, STI and HIV testing, condoms and educational materials. Iowa City site provides condoms and HIV testing. http://www.kirkwood.edu/campushealth

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Linn County Public Health 501 13th Street NW Cedar Rapids, IA 52405	(319) 892-6000 Office or (319) 892-6093 Clinic	Monday through Friday from 8:00 AM to 4:30 PM. Clinic appointments are preferred but walk-ins are welcome.	Free or reduced STI, HIV, hepatitis and pregnancy testing (to those who qualify) and educational brochures. TB testing. Communicable disease investigations. Immunizations for adults and children. Free condoms available. Certified Applications Counselors are on staff to assist with insurance enrollment. Appointments are required. Home visits and education for children and teens with asthma. Healthy Home Assessments, housing related health and safety issues. Care for Yourself: an early detection program for breast cancer screenings (mammograms) and cervical cancer screenings (pap test). The Care for Yourself program is a state-wide program. www.linncounty.org/health
MercyCare Find-A-Doc	(319) 369-4444	Monday through Friday from 8:00 AM to 4:00 PM. Closed major holidays.	Physician referral service. Contact physician's office directly for more information about sexual health services.
Mount Mercy University Health Services 240 University Center, Student Health Suite 1330 Elmhurst Drive NE Cedar Rapids, IA 52402	(319) 363-1323 x1283	Monday through Thursday from 8:00 AM to 5:00 PM. Friday from 8:00 AM to 4:30 PM. Times may vary. Call for an appointment.	Services provided to registered students. Provides counseling, medical referrals when necessary and educational materials and emergency acute care. https://www.mtmercy.edu/health-services
Planned Parenthood of the Heartland 3425 1st Avenue SE, Suite 100 Cedar Rapids, IA 52402 850 Orchard St Iowa City, IA 52246	(877) 811-PLAN (7526)	Cedar Rapids: Monday and Tuesday from 9:00 AM to 5:00 PM. Wednesday from 11:00 AM to 7:00 PM. Thursday from 9:00 AM to 4:00 PM. Friday from 11:00 AM to 4:00 PM. Iowa City: Monday from 9:00 AM to 4:00 PM. Tuesday and Wednesday from 8:00 AM to 4:00 PM. Thursday from 12:00 PM to 8:00 PM. Friday from 9:00 AM to 5:00 PM. Hours vary by center. Call or go online for more information. Call for an appointment. Walk-ins also welcome!	The following services are offered by Planned Parenthood of the Heartland. Please check with your local Planned Parenthood center to determine exactly which services are offered there. Annual checkups/well-woman exams; Birth control supplies and information; Pregnancy testing; Abortion pill (Iowa City only); In-clinic abortion (Iowa City only); Adoption services for birth mothers; Sexually transmitted infection (STI) testing and treatment; Emergency contraception (ECP's/Plan B); Pap tests; Breast exams; Colposcopy/abnormal pap follow-up; HIV testing; HPV vaccine (Gardasil); Sexual assault exams; Male services, including testicular cancer screening; Menopause services. Transgender/Gender Nonconforming Health Services (Cedar Rapids only): Hormone Therapy; Preventative Sexual Health Care regardless of age, gender identity, sexual orientation, or insurance status. Confidential. Safe. Nonjudgmental. Health Education: Age-appropriate, medically accurate, comprehensive educational programming, including state and nationally approved research proven effective curricula. http://www.ppheartland.org

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University of Iowa Hospitals and Clinics 200 Hawkins Drive Iowa City, IA 52242	(319) 356-1616 or (800) 777-8442	Call between 8:00 AM and 5:00 PM to schedule an appointment. Must call for an appointment.	Prenatal care, wellness counseling, OB/GYN services, STI screening and treatment. http://www.uihealthcare.org
University of Iowa Student Health 4189 Westlawn South Iowa City, IA 52242	(319) 335-8370 Appointments: (319) 335-8394 Nurseline: (319) 335-9704 Call for an appointment.	Fall and Spring Semesters: Monday through Thursday from 8:00 AM to 5:00 PM. Friday from 9:15 AM to 5:00 PM. During Winter and Summer Breaks: Monday through Thursday from 8:00 AM to 4:30 PM. Friday from 9:00 AM to 4:30 PM.	Services available to University of Iowa students only. STI testing, counseling and information. Free condoms and dental dams available. HIV testing available for \$25-40. Birth control counseling and prescriptions. Emergency contraception available. Gynecological exams. Health Iowa services are free. Clinical services vary based on individual insurance. Nurseline consultations are available during clinic hours. http://studenthealth.uiowa.edu/
HIV/AIDS RESOURCES			
Linn County Ryan White Program 1240 26th Ave Ct. SW Cedar Rapids, IA 52404	(319) 892-5770	Assistance available by appointment Monday through Friday from 8:00 AM to 4:30 PM. Must call for an appointment.	Provides free HIV/AIDS case management services, condoms, lube and program brochures. http://www.linncounty.org/231/Ryan-White-Medical-Case-Management
Planned Parenthood of the Heartland 3425 1st Avenue SE, Suite 100 Cedar Rapids, IA 52402 850 Orchard St Iowa City, IA 52246	(877) 811-PLAN (7526)	Cedar Rapids: Monday and Tuesday from 9:00 AM to 5:00 PM. Wednesday from 11:00 AM to 7:00 PM. Thursday from 9:00 AM to 4:00 PM. Friday from 11:00 AM to 4:00 PM. Iowa City: Monday from 9:00 AM to 4:00 PM. Tuesday and Wednesday from 8:00 AM to 4:00 PM. Thursday from 12:00 PM to 8:00 PM. Friday from 9:00 AM to 5:00 PM. Hours vary by center. Call or go online for more information. Call for an appointment. Walk-ins also welcome!	The following services are offered by Planned Parenthood of the Heartland. Please check with your local Planned Parenthood center to determine exactly which services are offered there. Annual checkups/well-woman exams; Birth control supplies and information; Pregnancy testing; Abortion pill (Iowa City only); In-clinic abortion (Iowa City only); Adoption services for birth mothers; Sexually transmitted infection (STI) testing and treatment; Emergency contraception (ECP's/Plan B); Pap tests; Breast exams; Colposcopy/abnormal pap follow-up; HIV testing; HPV vaccine (Gardasil); Sexual assault exams; Male services, including testicular cancer screening; Menopause services. Transgender/Gender Nonconforming Health Services (Cedar Rapids only); Hormone Therapy; Preventative Sexual Health Care regardless of age, gender identity, sexual orientation, or insurance status. Confidential. Safe. Nonjudgmental. http://www.ppheartland.org

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Positive Iowans Taking Charge (PITCH)	(319) 310-8309		Mission is to create an atmosphere where HIV positive individuals can unite and assist other HIV positive individuals for better health and wellness. Provides educational speaking to school/church/community, etc. groups. Peer to peer support group for HIV positive individuals. All services are free and open to anyone who is living with HIV. http://www.pitchiowa.com/ E-Mail: pitchiowa@gmail.com
University of Iowa HIV/Virology Program 200 Hawkins Drive Iowa City, IA 52242	HIV Program: (319) 335-7605 Virology Clinic: (319) 356-8133	Clinic Hours: Monday through Friday from 8:00 AM to 5:00 PM. After hours emergency medical attention available from Team 2 Infectious Disease physician at (319) 356-1616. Call to schedule an appointment.	Comprehensive HIV care. Clinical trials, education/information, social services and community referrals, HIV specific financial programs, adherence counseling, psychiatry services, referrals to HIV-experienced professionals in other specializations, case management. Services by appointment preferred. http://www.uihealthcare.org/aids/hiv
SEXUAL HEALTH CARE FINANCIAL ASSISTANCE			
Eastern Iowa Health Center 1201 3rd Ave SE Cedar Rapids, IA 52403 Eastern Iowa Women's Health Center 4251 River Center Ct NE Cedar Rapids, IA 52402	(319) 730-7300	Monday and Friday from 8:00 AM to 5:00 PM. Tuesday, Wednesday and Thursday from 8:00 AM to 7:00 PM. Phone answered 24 hours per day, 7 days per week for questions or patient concerns. Please call for an appointment. Same day and walk-in appointments usually available.	Primary care family practice and pediatrics office. All insurances accepted. Sliding fee scale for patients with no insurance or inadequate coverage. Please call for more information. Women's Health Center provides Title X funding for birth control counseling and prescribing, placement of Long Acting Reversible Contraceptives, pregnancy testing, OB/GYN care, STI/HIV testing, STI treatment, gynecological care, prescription assistance, educational brochures, transportation, translation, social work, homeless outreach and counseling services on-site. Condoms available. Outreach programs available at Coe College, Cornell College, and Jones Regional Medical Center. www.easterniowahealthcenter.com
Especially For You Race Fund Mercy Medical Center 701 10th Street SE Cedar Rapids, IA 52403	(319) 221-8889 or (319) 398-6582	Monday through Friday from 8 AM to 4 PM.	Must have a doctor's order for a mammogram. Income guidelines apply. Assistance for breast screening and diagnostic services is available. *Contact Care for Yourself program at (319) 892-6081 if in need of doctor's order.
HAWK-I Children's Health Insurance c/o HACAP 1328 2nd Avenue SE Cedar Rapids, IA 52403	(319) 739-1510	Monday through Friday from 8:00 AM to 4:30 PM.	No cost or low cost medical, dental and prescription insurance for children ages 0-19. Call to apply at one of several convenient locations.
Iowa Breast and Cervical Cancer Early Detection Program – Linn County Public Health 501 13th St NW Cedar Rapids, IA 52405	(319) 892-6081	Monday through Friday from 8:00 AM to 4:30 PM. Call for application.	Financial assistance for screening and diagnostic services for women age 40 and older who are below 250% of poverty level. (Some services available to women under 40. ***Call BEFORE making appointment*** Financial assistance for breast and cervical cancer screening/diagnostic services.

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HEALTH EDUCATION			
Equipping Youth 1700 B Avenue NE Cedar Rapids, IA 52402	(319) 329-5054	Monday through Friday from 10:00 AM to 4:00 PM.	Offers programs and materials for promotion of teen sexual health through abstinence and character-building according to the Powerful Choices curriculum. Offers after school programming. http://www.equippingyouth.org E-Mail: mail@equippingyouth.org
The People's Church Unitarian Universalist 4980 Gordon Avenue NW Cedar Rapids, IA 52405	(319) 362-9827	Monday through Thursday from 11:00 AM to 4:00 PM. Sunday from 10:30 AM to 12:30 PM.	Offers Our Whole Lives (OWL) program, providing age-appropriate courses on human development, sexual behavior, sexual health and society influences to ages kindergarten through adult. Courses offered on a staggered yearly schedule. Program is free to members of People's Church and \$25 for non-members. Email dre@peoplesuu.org for more information.
Planned Parenthood of the Heartland 3425 1st Avenue SE, Suite 100 Cedar Rapids, IA 52402 850 Orchard St Iowa City, IA 52246	(877) 811-PLAN (7526)	Cedar Rapids: Monday and Tuesday from 9:00 AM to 5:00 PM. Wednesday from 11:00 AM to 7:00 PM. Thursday from 9:00 AM to 4:00 PM. Friday from 11:00 AM to 4:00 PM. Iowa City: Monday from 9:00 AM to 4:00 PM. Tuesday and Wednesday from 8:00 AM to 4:00 PM. Thursday from 12:00 PM to 8:00 PM. Friday from 9:00 AM to 5:00 PM. Hours vary by center. Call or go online for more information.	Age-appropriate, medically accurate, comprehensive educational programming, including state and nationally approved research proven effective curricula. LGBT inclusive. http://www.ppheartland.org
United Action for Youth (UAY) Main Office: 1700 S 1st Ave, Suite 14 Iowa City, IA 52240 Youth Center 355 Iowa Avenue Iowa City, IA 52244	Main Office: (319) 338-7518	Main Office: Monday through Friday from 9AM to 5PM. Youth Center Drop-In: Wednesday from 3:00 PM to 7:00 PM. Thursday from 2:00 PM to 7:00 PM. Friday from 3:00 PM to 7:00 PM. Saturday from Noon to 5:00 PM.	UAY is a community agency and youth center. UAY provides age-appropriate, medically accurate, comprehensive sexual health education programming, including state and nationally approved evidence-based curricula to schools and community. Topics include youth sexual health, STIs, female and male health issues, relationships and communication, HIV/AIDS, sexual orientation and gender identity and programs for parents on how to talk to children about sex and sexuality; Teen Parent Program offering home visits and support groups; Transitional Living Program; Teen groups; Onsite art and music studio; Free condoms for youth available. http://www.unitedactionforyouth.org

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WOMEN'S AND CHILDREN'S SERVICES			
Bethany Christian Services 1860 1st Avenue NE Cedar Rapids, IA 52402	(319) 832-2321 or Text: (319) 330-7555	Available by phone around the clock. Office hours by appointment.	Free options counseling for pregnancy. Financial assistance for basic needs available based on individual need. Call/text/email for appointment. http://www.bethany.org Email: ajennings@bethany.org
Birthright of Cedar Rapids 375 Collins Road NE, Suite 107 Cedar Rapids, IA 52402	(319) 393-3251 24 Hour Line: (800) 550-4900	Monday and Tuesday from 10:00 AM to 6:00PM. Thursday and Friday from 10:00 AM to 4:00 PM. Closed on Wednesday.	Pregnancy tests available. Confidential friendship counseling supporting abortion alternatives. Maternity and baby clothes available. Referral for professional services. All services are provided free of charge. Call for more information. http://www.birthright.org
Bridgehaven Pregnancy Support Center 701 Center Point Rd NE Cedar Rapids IA 52402	(319) 364-8967	Monday and Thursday from 10:00 AM to 7:00 PM. Tuesday, Wednesday and Friday from 10:00 AM to 5:00 PM.	Christian-based organization that provides confidential and free pregnancy tests with options counseling, abortion alternatives and ultrasounds. Call for more information. http://bridgehavencr.org/
Eastern Iowa Health Center 1201 3rd Ave SE Cedar Rapids, IA 52403 Eastern Iowa Women's Health Center 4251 River Center Ct NE Cedar Rapids, IA 52402	(319) 730-7300	Monday and Friday from 8:00 AM to 5:00 PM. Tuesday, Wednesday and Thursday from 8:00 AM to 7:00 PM. Phone answered 24 hours per day, 7 days per week for questions or patient concerns. Please call for an appointment. Same day and walk-in appointments usually available.	Primary care family practice and pediatrics office. All insurances accepted. Sliding fee scale for patients with no insurance or inadequate coverage. Please call for more information. Women's Health Center provides Title X funding for birth control counseling and prescribing, placement of Long Acting Reversible Contraceptives, pregnancy testing, OB/GYN care, STI/HIV testing, STI treatment, gynecological care, prescription assistance, educational brochures, transportation, translation, social work, homeless outreach and counseling services on-site. Condoms available. Outreach programs available at Coe College, Cornell College, and Jones Regional Medical Center. www.easterniowahealthcenter.com
Hillcrest Family Services 317 7th Ave SE, Suite 202C Cedar Rapids, IA 52401	(319) 362-3149	Monday through Friday from 9:00 AM to 4:00 PM. Call for an appointment.	Unplanned pregnancy counseling and adoption planning. http://www.hillcrest-fs.org
Informed Choices 821 S. Gilbert St Iowa City, IA 52240	(319) 337-0575	Monday and Wednesday from 9:00 AM to 5:00 PM. Tuesday and Thursday from Noon to 8:00 PM. Friday and Saturday by appointment only.	Faith-based organization providing free testing for Chlamydia, HIV, Hepatitis C, Gonorrhea, and Syphilis, as well as ultrasounds, pregnancy testing and prenatal care. https://www.informedchoicesclinic.com

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Planned Parenthood of the Heartland 3425 1st Avenue SE, Suite 100 Cedar Rapids, IA 52402 850 Orchard St Iowa City, IA 52246	(877) 811-PLAN (7526)	Cedar Rapids: Monday and Tuesday from 9:00 AM to 5:00 PM. Wednesday from 11:00 AM to 7:00 PM. Thursday from 9:00 AM to 4:00 PM. Friday from 11:00 AM to 4:00 PM. Iowa City: Monday from 9:00 AM to 4:00 PM. Tuesday and Wednesday from 8:00 AM to 4:00 PM. Thursday from 12:00 PM to 8:00 PM. Friday from 9:00 AM to 5:00 PM. Hours vary by center. Call or go online for more information. Call for an appointment. Walk-ins also welcome.	The following services are offered by Planned Parenthood of the Heartland. Please check with your local Planned Parenthood center to determine exactly which services are offered there. Annual checkups/well-woman exams; Birth control supplies and information; Pregnancy testing; Abortion pill (Iowa City only); In-clinic abortion (Iowa City only); Adoption services for birth mothers; Sexually transmitted infection (STI) testing and treatment; Emergency contraception (ECP's/Plan B); Pap tests; Breast exams; Colposcopy/abnormal pap follow-up; HIV testing; HPV vaccine (Gardasil); Sexual assault exams; Male services, including testicular cancer screening; Menopause services. Transgender/Gender Nonconforming Health Services (Cedar Rapids only): Hormone Therapy; Preventative Sexual Health Care regardless of age, gender identity, sexual orientation, or insurance status. Confidential. Safe. Nonjudgmental. http://www.ppheartland.org
United Action for Youth (UAY) Teen Parent Program Main Office: 1700 S 1st Ave, Suite 14 Iowa City, IA 52240	Main Office: (319) 338-7518		The Teen Parent Program serves pregnant and/or parenting young women, under 23, and their families, in Johnson County. The Teen Parent Program tailors family support services to meet the individual needs of program participants through a strength-based, family-focused approach. Family support workers provide in-home parent skill building and child development education. http://www.unitedactionforyouth.org
Young Parents' Network 420 6th Street SE, Suite 260 Cedar Rapids, IA 52401	(319) 364-8909	Monday through Friday from 8:00 AM to 4:00 PM. Evening groups also offered.	Community workshops and programming focused on teen pregnancy prevention, parenting for moms and dads, childcare, sexual abuse prevention. Services available to at-risk families and children between the ages of 13 and 27. Services provided at no cost to the families other than commitment. Spanish speaking staff available. http://www.youngparentsnetwork.org
SEXUAL HEALTH ADVOCACY			
Domestic Violence Intervention Program (DVIP) PO Box 2657 Iowa City, IA 52244	Crisis Line: 1 (800) 373-1043 Office: (319) 351-1043	24-hour crisis and support line.	Crisis intervention services are available 24 hours a day. Services include advocacy, counseling and support groups to victims of domestic violence. Emergency shelter available. Serves Cedar, Des Moines, Henry, Iowa, Johnson, Lee, Van Buren and Washington Counties. http://www.dvipiowa.org

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Name & Location	Phone Number	Days/Hours	Services Provided
<p>Planned Parenthood of the Heartland 3425 1st Avenue SE, Suite 100 Cedar Rapids, IA 52402</p> <p>850 Orchard St Iowa City, IA 52246</p>	<p>(877) 811-PLAN (7526)</p>	<p>Cedar Rapids: Monday and Tuesday from 9:00 AM to 5:00 PM. Wednesday from 11:00 AM to 7:00 PM. Thursday from 9:00 AM to 4:00 PM. Friday from 11:00 AM to 4:00 PM.</p> <p>Iowa City: Monday from 9:00 AM to 4:00 PM. Tuesday and Wednesday from 8:00 AM to 4:00 PM. Thursday from 12:00 PM to 8:00 PM. Friday from 9:00 AM to 5:00 PM.</p> <p>Hours vary by center. Call or go online for more information. Call for an appointment. Walk-ins also welcome!</p>	<p>The following services are offered by Planned Parenthood of the Heartland. Please check with your local Planned Parenthood center to determine exactly which services are offered there. Annual checkups/well-woman exams; Birth control supplies and information; Pregnancy testing; Abortion pill (Iowa City only); In-clinic abortion (Iowa City only); Adoption services for birth mothers; Sexually transmitted infection (STI) testing and treatment; Emergency contraception (ECP's/Plan B); Pap tests; Breast exams; Colposcopy/abnormal pap follow-up; HIV testing; HPV vaccine (Gardasil); Sexual assault exams; Male services, including testicular cancer screening; Menopause services. Transgender/Gender Nonconforming Health Services (Cedar Rapids only): Hormone Therapy; Preventative Sexual Health Care regardless of age, gender identity, sexual orientation, or insurance status. Confidential. Safe. Nonjudgmental. Health Education: Age-appropriate, medically accurate, comprehensive educational programming, including state and nationally approved research proven effective curricula. LGBT inclusive. http://www.ppheartland.org</p>
<p>Rape Victim Advocacy Program (RVAP) 332 S Linn St, Suite 100. Iowa City, IA 52240</p>	<p>Crisis Line: (319) 335-6000</p> <p>Iowa Sexual Abuse Hotline: 1 (800) 284- 7821</p>	<p>Office Hours: Monday through Friday from 9:00 AM to 5:00 PM. 24-hour confidential crisis help line.</p>	<p>Offers medical and legal advocacy, counseling and support groups to victims of rape and sexual assault. Counseling is by appointment. Walk-ins are accepted. All services are free. Educational programming available for youth, service providers, college populations and community members. Serves Johnson, Cedar, Iowa, Des Moines, Henry, Lee, Van Buren, and Washington Counties. www.rvap.uiowa.edu</p>
<p>Riverview Center 685 9th Avenue Marion, IA 52302</p>	<p>(319) 540-0080</p> <p>24-Hour Hotline: (888) 557-0310</p>	<p>Monday through Friday from 8:00 AM to 5:00 PM.</p>	<p>Offers counseling, medical and legal advocacy, violence prevention education and peer counseling to sexual assault survivors. www.riverviewcenter.org</p>
<p>Sexual Health Alliance of Linn and Johnson Counties</p>		<p>Meetings alternate between Linn County Public Health and Johnson County Public Health the first Thursday of most months.</p> <p>For a complete list of the meetings, visit the website.</p>	<p>A comprehensive collaboration dedicated to the sexual health of our communities. Founded in December of 2010, the Sexual Health Alliance of Linn & Johnson Counties is comprised of community members, organizations, and advocates who work together to affect positive change within their communities in the areas of sexual health and sexually transmitted diseases (STD) and HIV/AIDS prevention and education. http://www.shacoalition.com/ E-Mail: sexualhealthalliance@gmail.com</p>
<p>Waypoint Domestic Violence Program 318 5th Street SE (Mailing Address) Cedar Rapids, IA 52401</p>	<p>(319) 365-1458</p> <p>Crisis Line: (319) 363-2093</p>	<p>Office Hours: Monday through Friday from 8:00 AM to 5:00 PM. 24-hour crisis and support line.</p>	<p>Provides free information, counseling and advocacy for survivors of domestic violence. Serves Linn, Benton, Black Hawk, Buchanan, Delaware, Dubuque and Jones Counties. http://www.waypointservices.org http://www.facebook.com/waypointservices</p>

For more information regarding community resources, contact United Way 2-1-1 by phone at 2-1-1, 319-739-4211, or 1-866-469-2211.

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SEXUAL HEALTH RESOURCES

2017

Name & Location	Phone Number	Days/Hours	Services Provided
COUNSELING SERVICES			
Domestic Violence Intervention Program (DVIP) PO Box 2657 Iowa City, IA 52244	Crisis Line: 1 (800) 373-1043 Office: (319) 351-1043	24-hour crisis and support line.	Crisis intervention services are available 24 hours a day. Services include advocacy, counseling and support groups to victims of domestic violence. Emergency shelter available. Serves Cedar, Des Moines, Henry, Iowa, Johnson, Lee, Van Buren and Washington Counties. http://www.dvipiowa.org
Emma Goldman Clinic 227 N. Dubuque Street Iowa City, IA 52245	(319) 337-2111 or 1(800) 848-7684	Clinic Hours: Monday, Tuesday, and Wednesday from 9:00 AM to 5:00 PM. Thursday and Friday from 7:45 AM to 5:00 PM for procedures. Occasional Saturday from 9:00 AM to 1:00 PM. Call for an appointment.	Provides pregnancy testing and options counseling, abortion services, gynecologic exams and treatment, birth control counseling and prescriptions and HIV/STI testing. Provides PEP and PrEP. Condoms and emergency contraception available at low cost. ***Must call for an appointment. *** Walk-ins available for following services: STI testing, pregnancy testing and options counseling, prenatal and adoption referrals, birth control consultations. Male exams. LGBT services including hormone therapy. http://www.emmagoldman.com
Hillcrest Family Services 317 7th Ave SE, Suite 202C Cedar Rapids, IA 52401	(319) 362-3149	Assistance available Monday through Friday from 9:00 AM to 4:00 PM. Call for an appointment.	Offers unplanned pregnancy counseling. Provides resources for both adoption and parenting options. http://www.hillcrest-fs.org/
Kristin Schloemer, LMHC, NCC, LLC. 1957 Blairs Ferry Rd. NE Suite 600 Cedar Rapids, IA 52402	(319) 777-3299	Monday-Thursday from 8:00 AM - 5:00 PM. Call or e-mail for an appointment.	Works primarily with adolescents and predominately the LGBTQ population. Accepts Medicaid and private insurance. E-Mail: kdschloemer@gmail.com
Mount Mercy University Health Services 240 University Center, Student Health Suite 1330 Elmhurst Drive NE Cedar Rapids, IA 52402	(319) 363-1323 x1283	Monday through Thursday from 8:00 AM to 5:00 PM. Friday from 8:00 AM to 4:30 PM. Times may vary. Call for an appointment.	Services provided to registered students. Provides counseling, medical referrals when necessary and educational materials and emergency acute care. https://www.mtmercy.edu/health-services
Olson Marriage & Family Therapy Clinic 1650 Matterhorn Drive NE Cedar Rapids, IA 52402	(319) 368-6493	Monday through Friday from 12:00 PM to 9:00 PM. Saturday from 9:00 AM to 12:00 PM.	Free services to Mt. Mercy students and veterans. Sliding scale fee. Do not accept insurance. Family and individual counseling, parenting and relationship skills, sexual dysfunction, addiction and recovery, couples therapy, marriage therapy, play therapy. www.olsonmftclinic.com
Rape Victim Advocacy Program (RVAP) 332 S Linn St, Suite 100. Iowa City, IA 52240	Crisis Line: (319) 335-6000 Iowa Sexual Abuse Hotline: 1 (800) 284- 7821	Office Hours: Monday through Friday from 9:00 AM to 5:00 PM. 24-hour confidential crisis help line.	Offers medical and legal advocacy, counseling and support groups to victims of rape and sexual assault. Counseling is by appointment. Walk-ins are accepted. All services are free. Educational programming available for youth, service providers, college populations and community members. Serves Johnson, Cedar, Iowa, Des Moines, Henry, Lee, Van Buren, and Washington Counties. www.rvap.uiowa.edu

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SEXUAL HEALTH RESOURCES

2017

Name & Location	Phone Number	Days/Hours	Services Provided
Riverview Center 685 9th Avenue Marion, IA 52302	(319) 540-0080 24-Hour Hotline: (888) 557-0310	Monday through Friday from 8:00 AM to 5:00 PM.	Offers counseling, medical and legal advocacy, violence prevention education and peer counseling to sexual assault survivors. www.riverviewcenter.org
UnityPoint Child Protection Center 1095 N Center Point Rd Hiawatha, IA 52233	(319) 369-7908	Monday through Friday from 8:00 AM to 4:30 PM.	Must be referred by DHS or law enforcement. Coordination of high quality, reliable, consistent interviews and medical exams by specially-trained interviewers and physicians. Efforts toward identification, treatment and prevention of child abuse.
University of Iowa Hospitals and Clinics 200 Hawkins Drive Iowa City, IA 52242	(319) 356-1616 (800) 777-8442	Call between 8:00 AM and 5:00 PM to schedule an appointment. Must call for an appointment.	Prenatal care, wellness counseling, OB/GYN services, STI screening and treatment. http://www.uihealthcare.org
Waypoint Domestic Violence Program 318 5th Street SE (Mailing Address) Cedar Rapids, IA 52401	(319) 365-1458 Crisis Line: (319) 363-2093	Office Hours: Monday through Friday from 8:00 AM to 5:00 PM. 24-hour crisis and support line.	Provides free information, counseling and advocacy for survivors of domestic violence. Serves Linn, Benton, Black Hawk, Buchanan, Delaware, Dubuque and Jones Counties. http://www.waypointservices.org http://www.facebook.com/waypointservices
LGBT RESOURCES			
Emma Goldman Clinic 227 N. Dubuque Street Iowa City, IA 52245	(319) 337-2111 or 1(800) 848-7684	Clinic Hours: Monday, Tuesday, and Wednesday from 9:00 AM to 5:00 PM. Thursday and Friday from 7:45 AM to 5:00 PM for procedures. Occasional Saturday from 9:00 AM to 1:00 PM. Please call for an appointment.	Provides pregnancy testing and options counseling, abortion services, gynecologic exams and treatment, birth control counseling and prescriptions and HIV/STI testing. Provides PEP and PrEP. Condoms and emergency contraception available at low cost. ***Must call for an appointment. *** Walk-ins available for following services: STI testing, pregnancy testing and options counseling, prenatal and adoption referrals, birth control consultations. Male exams. LGBT services including hormone therapy. http://www.emmagoldman.com
Johnson County Public Health Health and Human Services Building 855 S Dubuque Street Iowa City, IA 52240	(319) 356-6040	Monday through Friday from 8:00 AM to 4:30 PM. Call for an appointment. Walk-ins are welcome.	Free HIV testing, counseling and referrals. Hepatitis C and Syphilis testing available for those that qualify. PrEP referral. MPowerment Program: a social outreach program for young gay and bisexual men aimed at reducing new HIV infections. Prenatal nutrition counseling. Child and adult immunizations. http://www.johnsoncounty.com/dept_health?id=4485
Kristin Schloemer, LMHC, NCC, LLC. 1957 Blairs Ferry Rd. NE Suite 600 Cedar Rapids, IA 52402	(319) 777-3299	Monday-Thursday from 8:00 AM - 5:00 PM. Call or e-mail for an appointment.	Counseling: Works primarily with adolescents and predominately the LGBTQ population. Accepts Medicaid and private insurance. E-Mail: kdschloemer@gmail.com

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SEXUAL HEALTH RESOURCES

2017

Name & Location	Phone Number	Days/Hours	Services Provided
Linn County Public Health 501 13th Street NW Cedar Rapids, IA 52405	(319) 892-6000 Office (319) 892-6093 Clinic	Monday through Friday from 8:00 AM to 4:30 PM. Clinic appointments are preferred but walk-ins are welcome.	Free or reduced STI, HIV, hepatitis and pregnancy testing (to those who qualify) and educational brochures. Free condoms available. www.linncounty.org/health
(PFLAG) PO Box 984 Cedar Rapids, IA 52406		Contact for meeting times and location of monthly meetings.	A group of parents, families, and friends of LGBT individuals who support the equality and well-being of lesbians, gays, bisexuals, and transgendered persons. Conducts community outreach, advocacy, and community capacity building. http://www.pflag.org E-Mail: pflagcr@gmail.com
Planned Parenthood of the Heartland 3425 1st Avenue SE, Suite 100 Cedar Rapids, IA 52402 850 Orchard St Iowa City, IA 52246	(877) 811-PLAN (7526)	Cedar Rapids: Monday and Tuesday from 9:00 AM to 5:00 PM. Wednesday from 11:00 AM to 7:00 PM. Thursday from 9:00 AM to 4:00 PM. Friday from 11:00 AM to 4:00 PM. Iowa City: Monday from 9:00 AM to 4:00 PM. Tuesday and Wednesday from 8:00 AM to 4:00 PM. Thursday from 12:00 PM to 8:00 PM. Friday from 9:00 AM to 5:00 PM. Hours vary by center. Call or go online for more information. Call for an appointment. Walk-ins also welcome!	The following services are offered by Planned Parenthood of the Heartland. Please check with your local Planned Parenthood center to determine exactly which services are offered there. Annual checkups/well-woman exams; Birth control supplies and information; Pregnancy testing; Abortion pill (Iowa City only); In-clinic abortion (Iowa City only); Adoption services for birth mothers; Sexually transmitted infection (STI) testing and treatment; Emergency contraception (ECP's/Plan B); Pap tests; Breast exams; Colposcopy/abnormal pap follow-up; HIV testing; HPV vaccine (Gardasil); Sexual assault exams; Male services, including testicular cancer screening; Menopause services. Transgender/Gender Nonconforming Health Services (Cedar Rapids only); Hormone Therapy; Preventative Sexual Health Care regardless of age, gender identity, sexual orientation, or insurance status. Confidential. Safe. Nonjudgmental. http://www.ppheartland.org
Transformative Healing	(319) 389-8430	Monday through Friday from 9:00 AM to 5:00 PM. Call Iowa Sexual Assault line after hours.	Culturally specific agency serving LGBTQIA survivors of sexual violence and their support systems through crisis intervention, advocacy services, community engagements and involvement, and prevention services. www.thiowa.org
University of Iowa Hospitals and Clinics LGBT Clinic 105 E 9th St. Coralville, IA 52241	Iowa River Landing: (319) 467-2000 Toll Free: (855) 467-3700	Tuesdays from 5:00 PM to 8:00 PM.	Routine physical and wellness exams. Chronic disease management including anxiety and depression. Urgent care visits. Gynecological services, including breast and pelvic. Contraceptive management. HIV and STI testing and treatment. Menopause care. Hormone therapy. Post-surgical care for those who have undergone gender affirmation surgery. Immunizations. https://www.uihealthcare.org/IRL/

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SEXUAL HEALTH RESOURCES

2017

Name & Location	Phone Number	Days/Hours	Services Provided
University of Iowa LGBT Resource Center Office of Student Life 125 Grand Avenue Court Iowa City, IA 52246	(319) 335-7123	Monday through Thursday from 2:00 to 10:00 PM. Friday from 2:00 to 6:00 PM. Sunday from 5:00 PM to 10:00 PM.	Provides programs and support to empower students, faculty, staff and community members. Community outreach and resources available. http://imu.uiowa.edu/lgbt/
University of Iowa Student Health 4189 Westlawn South Iowa City, IA 52242	(319) 335-8370 Appointments: (319) 335-8394 Nurseline: (319) 335-9704	Fall and Spring Semesters: Monday through Thursday from 8:00 AM to 5:00 PM. Friday from 9:15 AM to 5:00 PM. During Winter and Summer Breaks: Monday through Thursday from 8:00 AM to 4:30 PM. Friday from 9:00 AM to 4:30 PM. Call for an appointment.	Services available to University of Iowa students only. STI testing, counseling and information. Free condoms and dental dams available. HIV testing available for \$25-40. Birth control counseling and prescriptions. Emergency contraception available. Gynecological exams. Health Iowa services are free. Clinical services vary based on individual insurance. Nurseline consultations are available during clinic hours. http://studenthealth.uiowa.edu/

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