

FAMILY & YOUTH RESOURCES

2018

Name & Location	Phone Number	Days/Hours	Services Provided
FAMILY			
Abbe Oaks 317 7th Ave SE, Ste 304 Cedar Rapids, IA 52401	363-0636	8:00 AM - 6:00 PM	Therapy, Parent Child Interaction Therapy and Behavioral Health Intervention Services (BHIS).
Arc of East Central Iowa 680 2nd St SE, Ste 200 Cedar Rapids, IA 52401	365-0487	Monday - Friday 8:00 AM - 4:30 PM	Provides an array of services including: Respite, Daycare, Family Support, Supported Community Living, Consumer Directed Attendant Care and home-based Habilitation. Provides services under the Brain Injury, Elderly, Intellectual Disability, Health and Disability, and Children's Mental Health Waiver. Habilitation.
Area Substance Abuse Council 3601 16th Ave SW Cedar Rapids, IA 52404	390-4611	Monday - Thursday 8:00 AM - 8:00 PM Friday 8:00 AM - 5:00 PM	Community assistance to combat alcohol, tobacco, and other drug use, curriculum facilitation, series of sessions on substance abuse related topics. Substance abuse evaluations. Outpatient and residential substance abuse treatment. Family counseling, halfway house program, youth residential program, youth outpatient counseling, dual diagnosis services. www.asac.us
Downtown Office: 317 7th Ave SE, Ste 203 Cedar Rapids, IA 52402	247-4873	Monday - Thursday 8:00 AM - 8:00 PM Friday 8:00 AM - 5:00 PM	Assessments. Extended and Intensive Outpatient Treatment. Aftercare. Gender and Cultural Specific counseling.
East Office: 4837 1st Ave SE, Ste 206 Cedar Rapids, IA 52402	447-1921	Monday - Thursday 8:00 AM - 8:00 PM Friday 8:00 AM - 5:00 PM	Assessments. Extended and Intensive Outpatient Treatment. Family Therapy. Aftercare.
Heart of Iowa: 4050 Bowling St SW Cedar Rapids, IA 52404	862-1050	Monday - Thursday 8:00 AM - 8:00 PM Friday 8:00 AM - 5:00 PM	Residential and Halfway House Treatment services and counseling for pregnant women and women with children. Individual and Group Outpatient Treatment for Adult Women.
The Way Home: 5480 Kirkwood Blvd SW, Ste 100 Cedar Rapids, IA 52404	363-3985	Monday - Thursday 8:00 AM - 8:00 PM Friday 8:00 AM - 5:00 PM	ASAC's transitional housing program for recovering families is a 24 unit apartment complex that includes sixteen 2-bedroom units, and eight 3-bedroom units. Each apartment includes washer/dryer, dishwasher, stove, refrigerator and microwave. There is also a playground for the children, and a Community room for gatherings. Accepts Section 8 vouchers.
Prevention: 3536 18th Ave SW Cedar Rapids, IA 52404	390-1884	Monday - Thursday 8:00 AM - 8:00 PM Friday 8:00 AM - 5:00 PM	Science-based substance abuse prevention programming. Mentoring certification assistance. Workplace drug and tobacco policy development. Coalition building. Tobacco cessation services.

For more information regarding community resources, contact United Way 2-1-1 by phone at 2-1-1, 319-739-4211, or 1-866-469-2211.

You may also choose to search the new United Way 2-1-1 website for resources at www.firstcallforhelpiowa.org.

To obtain a copy of the Resource Charts, go to www.linncounty.org/communityservices or contact Linn County Community Services at 892-5600.

For questions about the Resource Charts, contact Linn County Community Services at 892-5600.

Name & Location	Phone Number	Days/Hours	Services Provided
Cedar Rapids Family Home Child Care Association 3912 E Ave NE Cedar Rapids, IA 52402	310-9682	Varies Call for assistance	Provides DHS approved training and support to registered child development home providers. Also provides DHS approved childcare referrals. Serves as a community resource for parents and guardians seeking quality childcare. www.crfhcca.org
Cedar Rapids Public Library 450 5th Ave SE Cedar Rapids, IA 52401 LADD Library 3750 Williams Blvd SW Cedar Rapids, IA 52404	261-7323	Monday - Thursday 9:00 AM - 8:00 PM Friday & Saturday 9:00 AM - 5:00 PM Monday - Thursday 9:00 AM - 8:00 PM Friday 9:00 AM - 5:00 PM & Sunday 1:00 PM - 5:00 PM	The Cedar Rapids Public Library is more than a place to find a good book, as it provides many programs each month. For children, story times and toddler times are given; families will enjoy the special programs and book discussions. Computer classes are offered in the technology learning center. Cedar Rapids Public Library is also home to the Iowa Substance Abuse Information Center (ISAIC), Family Connections Library and other reference services. Computerized databases help library users access information quickly. Internet access is provided along with word processing stations and more. It is also accessible to those individuals with physical disabilities. www.crlibrary.org
Center Point Public Library 720 Main St Center Point, IA 52213	849-1509	Monday & Thursday 1:00 PM - 8:00 PM Tuesday 8:30 AM - 1:00 PM Wednesday 1:00 PM - 8:00 PM Friday 8:30 AM - 5:30 PM Saturday 10:00 AM - 2:00 PM Closed on Sunday	The Center Point Public Library is a destination in the community and surrounding area. People gather for meetings, attend special events and programming for all ages, use technology for distance learning and borrow from the 22,000 physical items and over 12,000 digital items available for education and entertainment. Early literacy and summer reading activities bring a wealth of advantages to growing minds. With an expansion project started, more services will be available once the construction is complete in early 2016. Find us on line with Facebook or at www.centerpoint.lib.ia.us
City of Cedar Rapids Parks and Recreation Department NW Recreation Center 1340 11th St NW Cedar Rapids, IA 52405 City Services Center (CSC) 500 15th Ave SW Cedar Rapids, IA 52404	286-5566 286-5802	Monday - Friday 8:00 AM - 9:30 PM Saturday 12:00 PM - 6:00 PM Sunday 12:00 PM - 4:00 PM Monday - Friday 7:30 PM - 4:30 PM	The Parks and Recreation Department manages over 3,360 acres of city owned property. In addition to 96 areas formally named, there are hundreds of acres held in reserve as undeveloped green space for future park expansion and flood control. We operate and maintain facilities for public use including four municipal golf courses, six swimming pools, splash pads, 24 pavilions, Ushers Ferry Historic Village, Old MacDonald's Farm in Bever Park, Tuma Soccer Complex, Tait Cummins Sports Complex, Noelridge Park Greenhouse, and trails. The parks system receives countless visits each year. We offer more than 1,500 recreation programs annually. There is something of interest for every age and ability level. Programs are listed in the Play! guide which appears in the November, March and May issues of Our CR magazine. Attendance for aquatic and recreation programs totals more than 300,000 annually. www.crrec.org
Coggon Public Library 216 E. Main St Coggon, IA 52218	435-2542	Tuesday 9:00 AM - 5:00 PM Wednesday & Friday 9:00 AM - 5:00 PM Saturday 9:00 AM - 12:00 PM	The Coggon Public Library offers fiction and non-fiction books, DVD'S, audio books, WiFi, internet access and interlibrary loan service. Meeting space is available. A summer reading program and weekly story hours are offered. A book club meets monthly.
Ely Public Library 1595 Dows St Ely, IA 52227	848-7616	Monday & Thursday 9:00 AM - 8:00 PM Tuesday & Wednesday 1:00 PM - 8:00 PM Friday 1:00 PM - 5:00 PM Saturday 9:00 AM - 4:00 PM Closed on Sunday	The Ely Public Library offers fiction, non-fiction, large-print, DVDs, games, e-books, audiobooks, magazines, databases and newspapers for all ages of readers. In addition to these collections, they have a Seed Lending Library, where patrons can check out a variety of different seeds, including heirloom varieties. Numerous programming is available each month for all ages. Weekly story and toddler times are given; computers, databases and Wi-Fi are available for all users; and many enjoy the free health and wellness classes such as Yoga and Tai Chi that are offered. A yearly summer reading program is offered for all ages. www.ely.lib.ia.us

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Fairfax Public Library 313 Vanderbilt St Fairfax, IA 52228	846-2994	Monday Tuesday & Thursday 12:00 PM - 7:00 PM Wednesday 10:00 AM - 7:00 PM Friday 12:00 PM - 6:00 PM Saturday 9:00 AM - 12:00 PM Closed on Sunday	The Fairfax Public Library has almost 22,000 items for check out. This includes books, large print, magazines, DVD and Blu-Rays, audio books on CD, cake pans, and NOOK's. The Fairfax Library also participates in NEIBORS which gives our patrons access to eBook and downloadable audio books. There are public access computers at the library and WiFi. There are many activities and reading programs happening at the library throughout the year. A summer reading program is offered for all ages. www.fairfax.lib.ia.us
Family Resource Centers: <i>Jane Boyd Community House</i> 943 14th Ave SE Cedar Rapids, IA 52401 <i>Jane Boyd Harambee House</i> 404 17th St SE Cedar Rapids, IA 52403 <i>Family Resource Center at Taylor</i> 720 7th Ave SW Cedar Rapids, IA 52404 <i>HACAP Urban Family Resource Center</i> 1328 Second Ave SE Cedar Rapids, IA 52403 <i>HACAP Marion</i> 3405 7th Ave, Ste 100 Marion, IA 52302 <i>HACAP Inn Circle</i> 5560 6th St SW Cedar Rapids, IA 52404	366-0431 366-1408 558-2481 366-7632 447-5816 366-7631	Monday - Friday : 3:45 PM - 7:00 PM Monday - Thursday 8:00 AM - 7:00 PM Friday 8:00 AM - 5:00 PM Hours vary. Open during school hours 8:00 AM to 4:30 PM 8:00 AM - 4:00 PM WIC: 8:00 AM - 4:30 PM Headstart: 7:30 AM - 5:30 PM 8:00 AM - 4:00 PM	Services provided vary by site as noted below: <u>Jane Boyd:</u> HACAP Preschool, Child/Youth Sports Programs, After-School program, and summer day camp. www.janeboyd.org <u>Harambee House:</u> Harambee House is a neighborhood resource center focusing on Resource, Referral, Housing, Advocacy, Family Support and Individual Counseling. Bread delivery Tuesday after 1:00 PM. Clothes Closet Monday through Thursday 3:00 PM to 5:00 PM. Computer access. <u>Taylor:</u> Metro Care Connection Health Clinic for children, TANA (Taylor Area Neighborhood Association) monthly meetings, Family Support. www.mcc.cr.k12.ia.us <u>Urban:</u> Head Start, Family & Community Health Alliance, Food Boxes, Heating & Energy Assistance, Nutrition Information, Parenting Groups, Holiday Food Box Sign-up, WIC Clinic, Prenatal Education, Oral Health Screenings and Education, Well Child Screening Clinic including hearing, vision, and developmental screens. www.hacap.org <u>Marion:</u> Head Start, Early Head Start, Family & Community Health Alliance, Food Boxes, Heating & Energy Assistance, Nutrition Information, Parenting Groups, Holiday Food Box Sign-up, WIC Clinic, Oral Health Screenings and Education. www.hacap.org <u>Inn-Circle:</u> Transitional Housing, Head Start and Early Head Start, Food Boxes. www.hacap.org
Foundation 2 Crisis Center 1540 2nd Ave SE Cedar Rapids, IA 52403	362-2174	24/7 including holidays	Phone and walk-in crisis counseling.
Foundation 2 Mobile Crisis Outreach 1450 Boyson Road, Ste B6 Hiawatha, IA 52233	247-0030	24/7 including holidays	On-site crisis response team that can be dispatched to businesses, schools, homes or hospitals. Provides assessment, crisis de-escalation, counseling as needed, referrals and follow-up with client.
Foundation 2 Juvenile and Family Assistance and Stabilization Track (JFAST) 1450 Boyson Road, Ste B6 Hiawatha, IA 52233	247-0030	24 hours a day seven days per week including all holidays Limited - Linn County residents only	For families who are considering a mental health or substance abuse committal for their child. JFAST begins with the on-site crisis response team, and includes assessment, referral and case management (case management limited to students enrolled in Cedar Rapids schools). JFAST is a collaboration with Horizons, ASAC, St. Lukes, Abbe, and Tanager Place.

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Four Oaks - Cornerstone 2100 First Ave NE Cedar Rapids, IA 52402	247-4834	Office hours: 8:00 AM - 5:00 PM	Family Development Self-Sufficiency Program designed to partner with high-risk welfare recipients in working towards economic self-sufficiency and family stability.
Hiawatha Public Library 150 W. Willman Hiawatha, IA. 52233	393-1414	Monday - Thursday 10:00 AM - 8:00 PM Friday & Saturday 10:00 AM - 5:00 PM Sunday 1:00 PM - 4:00 PM	Hiawatha Library collections include over 30,000 books, large print, books on CD, magazines, music, DVD's, select newspapers, Federal Tax forms, Online databases. Programs and services include reference services, story times for children, and children, adult and teen e-reading programs. Free WiFi, services for seniors, downloadable audio books and e-books. Facilities include: study room, large meeting room, public accessible computers and Internet access. Hiawatha Public Library is part of the Metro Library Network with Cedar Rapids and Marion Public Libraries. http://www.hiawathalibrary.com
Iowa Legal Aid 317 7th Ave SE, Ste 404 Cedar Rapids, IA 52401	364-6108 800-532-1275	Monday - Friday 8:30 AM - 4:30 PM Phone applications are taken Monday - Friday 9:00 AM - 11:00 AM & 1:30 PM - 3:30 PM No Thursday afternoon appointments	Iowa Legal Aid can help victims of domestic abuse with divorce and custody issues, and can help with other family law matters involving domestic abuse. Iowa Legal Aid also assists with family law and landlord/tenant issues. Free legal services provided for people who meet income and asset guidelines. Iowa Legal Aid also runs a Pro Se Divorce Clinic that helps people without children who are seeking a divorce for any reason, but who can't afford a lawyer.
J.C. Clegg Public Library 137 N. 4th St Central City, IA 52214	438-6685	Monday 1:00 PM - 5:00 PM Tuesday 9:00 AM - 5:00 PM Wednesday 10:30 AM - 5:00 PM Thursday 10:30 AM - 7:00 PM Friday 12:00 PM - 4:30 PM Closed on weekends	The J.C. Clegg Public Library is home to over 8,000 books. The library has a wide variety of fiction and non-fiction titles. Free WiFi, 7 public use computers connected to the Internet, downloadable audio and e-books. Reference Assistance is available. Programming includes Summer Reading programs for youth, Storytime for toddlers and preschoolers, and adult book discussions. www.centralcity.lib.ia.us
Kirkwood Skills to Employment/Iowa Works Lindale Mall 4444 1st Ave NE, Ste 436 Cedar Rapids, IA 52402	365-9474	Monday, Tuesday, Thursday, & Friday 8:30 AM - 4:30 PM Wednesday 9:00 AM - 4:30 PM Call for an appointment	Assistance with developing and achieving employment skills and educational goals for those who meet eligibility requirements.
Linn County Extension/4-H 383 Collins Rd NE, Ste 201 Cedar Rapids, IA 52402	377-9839	Monday - Friday 8:00 AM - 4:30 PM	Educational programs, family information, youth development information, K-12 grade hands-on learning materials, financial information, nutrition information and service learning. Education for after-school providers, and 4-H programming. www.extension.iastate.edu/linn
Lisbon Public Library 101 E. Main St. Lisbon, IA 52253	455-2800	Monday 9:00 AM - 1:00 PM & 2:00 PM - 5:00 PM (Closed for lunch) Tuesday 2:00 PM - 5:00 PM Wednesday 2:00 PM - 8:30 PM Thursday 10:00 AM - 5:00 PM Friday 12:00 PM - 5:00 PM Saturday 9:00 AM - 1:00 PM Closed on Sunday	Lisbon Public Library is located in an historic storefront building in the heart of downtown Lisbon, Iowa. Our small library has popular print and non-print materials for everyone and specializes in high-quality reading material for children of all ages. Computers and wireless internet are available for public use. We also have Halloween costumes that circulate during the month of October. The second floor of the library houses Lisbon Heritage Hall, the site of cultural programs that include concerts by world class musicians, theatre productions, student recitals and readings by local writers. www.lisbon.lib.ia.us

Name & Location	Phone Number	Days/Hours	Services Provided
Marion Parks & Recreation 4500 N. 10th St Marion, IA. 52302	447-3590	Monday - Friday 7:00 AM - 4:00 PM Individual facility/park functions & hours/times vary	Marion's Park and Recreation Department is responsible for 16 city parks, Oak Shade Cemetery, the Lowe Park Arts and Environment Center, Willowood Pool and various Hiking-Biking Trails. The department also provides an array of recreational and cultural opportunities throughout the year for all age groups. Each year, typically in early spring, a brochure of programs and activities is published and distributed throughout the community. In addition, the Parks & Recreation Department administers the local Adopt-A-Tree program. http://www.cityofmarion.org/
Marion Public Library 1095 Sixth Ave Marion, IA. 52302	377-3412	Monday - Thursday 9:30 AM - 9:00 PM Friday & Saturday 9:30 AM - 5:00 PM Sunday 2:00 PM - 5:00 PM <i>During the school year Library closes at 6:00 PM on Thursdays during June July & August (Closed Memorial Day until Labor Day on Sundays)</i>	Marion Public Library is part of the Metro Library System. The Marion Library has a vast collection of fiction and non-fiction books, DVDs, audio recordings, books on CDs, WiFi and internet access. Meeting space is available. The library is supported by Friends of the Marion Public Library and Foundation. The Marion Library is always open to those within the community who would like to volunteer their time and talents. www.marionpubliclibrary.org
Olivet Neighborhood Mission and Head Start 230 10th St NW Cedar Rapids, IA 52405	364-7946	Tuesday - Friday 8:30 AM - 11:30 AM & Saturday 9:00 AM - 11:30 AM Closed Sunday & Monday	Clothing Closet: Clothes (newborn through adult) and household items free or nominally priced. Food Pantry: Tuesday through Friday from 8:30AM to 11:30AM. Saturday 9:00AM - 11:30 AM After School Program: Youth, 5-13 years, Monday through Friday from 3:30 PM to 6:00 PM. (Through Boys & Girls Club) Summer Recreation: 8:30 AM to 5:30 PM, Monday through Friday. (Through Boys & Girls Club)
Parent Education Consortium (PEC) 383 Collins Rd NE, Ste 201 Cedar Rapids, IA. 52402	377-0475	Monday - Friday 8:00 AM - 4:30 PM Classes are available Sunday - Thursday Class times vary	Provider of parent education services and resources for parents of young children that include classes and resources materials. Classes offered include "Parenting Young Children" classes (0-5 yrs), single, parenting, step parenting, dads and classes for parents with children with ADHD. Parenting classes are offered at varying times at a variety of locations throughout Linn County. A meal or snack is provided, as well as child care. No fees. PEC website: bit.ly/ParentingEd
Partnership for Safe Families 1924 D St. SW Cedar Rapids, Iowa 52404	784-2771	Monday - Friday 8:00 AM - 5:00 PM	The Partnership for Safe Families is a community-wide effort to support families and prevent child abuse, neglect and domestic violence. It brings together families, neighbors and professionals as PARTNERS in solving the problems that families face.
Planned Parenthood of the Heartland 3425 1st Ave SE, Ste 100 Cedar Rapids, IA 52402	877-811-7526 Call for appointment Walk-ins for pregnancy testing accepted.	Monday 9:00 AM - 5:00 PM Tuesday 11:00 AM - 7:00 PM Wednesday 9:00 AM - 5:00 PM Thursday 9:00 PM - 3:00 PM (To pick up supplies only) Friday 11:00 AM - 4:00 PM (To pick up supplies only)	Medical services include birth control options, emergency contraception, cervical & breast cancer screenings, pregnancy testing and options counseling, STD testing & treatment, HPV Vaccine, HIV testing, discounted long-term reversible birth control for those who qualify (Paragard IUD and Explanon). Education services include pregnancy prevention, STD prevention, and medically accurate, age-appropriate comprehensive sex education. Programs and resources to help parents/other trusted adults become ask-able adults, and be the main source of accurate sexual health information for the youth in their lives. We makes every effort to provide healthcare services to everyone – no matter their economic situation. Title 19 and most major insurances accepted. Services are provided at a reduced cost and financial resources are provided whenever possible. Learn more by visiting www.plannedparenthood.org

Name & Location	Phone Number	Days/Hours	Services Provided
<p>Play and Learn of East Central Iowa Cedar Rapids Public Library 450 5th Ave SE Cedar Rapids, IA 52401</p> <p><i>Other locations:</i> LADD Library 3750 Williams Blvd SW Cedar Rapids, IA 52404</p> <p>Hiawatha Public Library 150 W. Willman St Hiawatha, IA 52233</p>	398-5123	<p>Tuesday 6:00 PM - 7:30 PM Friday 9:30 AM - 11:00 AM</p> <p>Monday 9:30 AM - 11:00 AM</p> <p>Thursday 10:00 AM - 11:30 AM</p>	<p>Play and Learn of East Central Iowa is an organized play group for young children and the people who take care of them – their parents, grandparents, aunts, uncles, other family members and family friends.</p> <p>Each group has a facilitator that plans and sets up activities for the children and their caregivers to play together. Facilitators help caregivers learn more about child development, how children learn through play and what caregivers can do at home to help children in their care grow and learn.</p> <p>Play groups are free to attend and pre-registration is not required. Just show up for the learning and fun. www.playandlearniowa.org</p>
<p>Reaching Families Program 520 11th St NW Cedar Rapids, IA 52405</p>	892-5725	Monday - Friday 8:00 AM - 5:00 PM	<p>Program provides assistance to parents or caregivers struggling with mental health concerns and facing obstacles in seeking treatment. Areas where assistance is available: Transportation for doctors' appointments, child care, financial challenges are addressed and assistance provided when possible, and helping the family access support systems. The parent must live in Linn County. No fees.</p>
<p>Russell D. Cole Library Mount Vernon's Public Library 600 1st St SW Mt Vernon, IA 52314</p>	895-4271	<p>Monday - Thursday 8:00 AM - 1:00 PM Friday 8:00 AM - 5:30 PM Saturday 10:00 AM - 4:00 PM Sunday 12:00 PM - 12:00 AM</p> <p><u>During the academic year hours are:</u> Monday - Friday 8:00 AM - 11:00 AM Saturday 10:00 AM - 5:00 PM Sunday 12:00 PM - 11:00 PM</p>	<p>Cole Library is both the Mount Vernon Public Library and the Cornell College Library. This joint library was started over 100 years ago by Andrew Carnegie, and the partnership is still going strong. Because we support both public patrons and college students our collection is diverse and extensive. Our collection includes books, audio books, large print books, DVDs, and magazines. We have several computers for public use and free internet use. We have many programs for children, youth and adults, ranging from Lego club to Knitting Night to Book discussion groups to story time. A complete listing of our programs can be found on our web site www.colelibrary.org. We are located on the south side of the Cornell campus up Library Lane.</p>
<p>Springville Public Library 264 Broadway St Box 78 Springville, Iowa 52336</p>	854-6444	<p>Monday Tuesday & Wednesday 11:00 AM - 6:00 PM</p> <p>Thursday 10:00 AM - 8:00 PM Friday 11:00 AM - 5:00 PM Saturday 11:00 AM - 3:00 PM Closed on Sunday</p>	<p>The Springville Memorial Library located on Highway 151 in Linn County is a full service public library offering all informational needs for its patrons. We have programs for all ages.</p>
<p>Strengthening Families 520 11th St NW Cedar Rapids, IA 52405</p>	892-5727 or 892-5725	Hours vary Please call for assistance	<p>The program provides educational / skill building classes to parents and children. Two hour weekly meetings. Seven week sessions. Meal and daycare are provided. No fees.</p>

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Tanager Place 2309 C St SW Cedar Rapids, IA 52404 <i>Other location:</i> 1030 5th Ave SE Cedar Rapids, IA 52403	365-9164 286-4545	Monday - Friday 8:00 AM - 4:30 PM	An inpatient psychiatric treatment program provides structured goal oriented interventions for 68 children on a 24 acre campus. Community based programs assist 600 families daily with individualized treatment. Tanager's outpatient Behavioral Health Clinic provides psychiatric diagnosis, medication management and therapy to over 1700 children and their families annually. Pediatric Integrated Health (PIH) is a case management program serving over 1,000 children with behavioral and medical health needs who are Medicaid eligible. PIH provides family focused care coordination including provider referrals, wellness, advocacy and peer support. Camp Tanager provides a free camp experience for at-risk children, serving economically disadvantaged children. Medical camps for children with diabetes and hemophilia are also available. www.tanagerplace.org or www.camptanager.org
Waypoint Domestic Violence Program 318 5th St SE* Cedar Rapids, IA 52401 *Office location	365-1458 <u>24-hour Crisis & Support</u> 363-2093 or 800-208-0388	Monday - Friday 8:00 AM - 5:00 PM Closed Saturday & Sunday 24-hour Crisis & Support Line emergency medical advocacy or legal system advocacy	Waypoint provides Domestic Violence Victim Services to the following counties: Benton, Black Hawk, Buchanan, Delaware, Dubuque, Jones and Linn. Waypoint Services local and toll free emergency phone lines are available 24/7 to provide information or immediate crisis counseling to victims/survivors of domestic violence or their family or friends. www.waypointservices.org
YPN 420 6th St SE, Ste 260 Cedar Rapids IA 52401	364-8909	Monday - Friday 8:00 AM - 4:00 PM	Provides early childhood education and family support programming for families with young children 0-5 yrs: 1) Evening meetings for prenatal and parenting moms and dads; 2) Short-term parenting groups and school or community presentations available; and 3) Assistance in making connections with needed community resources, including preschool and after school programming. www.ypniowa.org
YOUTH			
ASAC CD+ 3601 16th Ave SW Cedar Rapids, IA 52404	390-4611	Monday - Thursday 8:00 AM - 8:00 PM Friday 8:00 AM - 5:00 PM Closed Saturday & Sunday	Services for chemically dependent and conduct disorder adolescents, boys and girls, ages 13-18, in a highly structured treatment culture.
Bethel AME Church 512 6th St SE Cedar Rapids, IA 52401	363-1251	Call for assistance	Mentoring services to youth. Provides clothes. Open to children in the neighborhood. Other items (beds, stoves, washers) may be available.
Big Brothers Big Sisters 3150 E Ave NW, Ste 103 Cedar Rapids, IA 52405	377-8993	Hours vary Call for assistance	Youth mentoring services ages 6-14. www.beabigcr.org
Boy Scouts of America 660 32nd Ave SW Cedar Rapids, IA 52404	862-0541	Monday - Friday 8:30 AM - 5:00 PM	Comprehensive Youth Development program. Program scholarships available. www.hawkeyesbsa.org

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<p>Boys & Girls Club 420 6th St. SE, Ste 240 Cedar Rapids, IA 52404 <i>Other Locations:</i></p> <p>Polk Neighbor Community Center 1500 B Ave NE Cedar Rapids, IA 52402</p> <p>Hoover Elementary 4141 Johnson Ave NW Cedar Rapids, IA</p> <p>Taylor Site 720 7th Ave SW Cedar Rapids, IA</p> <p>Olivet 237 10th St NW Cedar Rapids, IA</p> <p>South Side Unit 361 17th St SE Cedar Rapids, IA</p>	<p>363-5766</p> <p>540-4250</p> <p>721-3266</p> <p>310-7124</p> <p>310-9480</p> <p>350-3759</p>	<p>Hours vary by site Please call 363-5766 for specific days & hours of programming If schools are closed due - inclement weather the Club will not be operating as well</p>	<p>Offers activities for youth, ages 6-18, in five core areas: Health & Life Skills Development; Sports, Recreation & Fitness; The Arts; Character & Leadership Development; and Education & Career Development. Special tutoring and homework assistance is available during "Power Hour," which is a part of the Education & Career Development component. Membership fees are \$12 throughout the year and scholarships are available. www.bgccr.org</p>
<p>Camp Fire Iowana 6300 Rockwell Dr NE Cedar Rapids, IA 52402</p>		<p>Monday - Friday 8:00 AM - 5:00 PM</p>	<p>Offers after-school, evening, weekend and summer camp programs for boys and girls in grades K-12 and their families. Focus is on five key "Trails" leading youth to better know the environment, themselves, their family and community, to foster their creativity and look to their future. Activities are now offered in Cedar Rapids and at Camp Fire Camp Hitaga in northern Linn County. Programs in other cities and towns across eastern Iowa are possible – please inquire. "Earn Your Way To Camp" options and some financial assistance available for summer resident camp. Camp Hitaga's facilities are available for rental by clubs, churches and other organizations or for special family events. www.iowanacampfire.org or www.camphitaga.org or info@iowanacampfire.org</p>
<p>Child Care Resource & Referral of Southeast Iowa</p>	<p>866-324-3236 Parents 855-CHILD01</p>	<p>Monday - Friday 8:00 AM - 4:30 PM</p>	<p>Lending Parents, Child Care Providers, Employers & Community Members a helping hand with child care related topics. Help with identifying and/or providing quality child care options in your area. Child care referrals for parents, training and consultations for providers, child care information, data, and resources for employers and community members. Region 5 covers 19 Counties in Southeast Iowa. www.iowaccrr.org</p>
<p>Children of Promise Foster Grandparent Program Community Corrections Improvement Assoc. 901 29th Ave SW Cedar Rapids, IA 52404</p>		<p>Hours vary Call for assistance</p>	<p>Income eligible senior citizens mentor children with exceptional needs in school and day care settings and focus on reading and social skills.</p>

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Early ACCESS 4401 6th St. SW Cedar Rapids, IA 52404	399-6574 Referrals: 399-6746	Monday - Friday 8:00 AM - 4:30 PM	Early ACCESS is the system implemented by the state of Iowa to serve children from birth to age three, who have either a developmental delay, or have a condition that has a high probability of later delays if early intervention services are not provided. Eligible children and their families receive service coordination to assist them in accessing the services and supports they need. They also receive other services from a teacher, speech/language pathologist, physical therapist, occupational therapist, etc as needed. These services are provided in the home or wherever the child spends his/her day. www.state.ia.us/earlyaccess www.gwaea.org
Equipping Youth PO Box 1175 Cedar Rapids, IA 52406	861-2747	By appointment only	Programs that allow youth the opportunity to develop skills that enable them to make healthy choices when faced with pressures to conform to risky behaviors prevalent among teens today. Powerful Choices Series for Middle School. Character and commitment. Risk avoidance prevention education. Classroom available for youth agencies and families. www.equippingyouth.org
Four Oaks Main Campus 5400 Kirkwood Blvd SW Cedar Rapids, IA 52404	364-0259	Hours & location vary for individual programs	Residential treatment, day treatment, community-based programs, aftercare programs, special needs foster care and adoption, prevention services, shelter services, juvenile justice services, behavioral health services, school-based programs.
Four Oaks PHASE 1924 D St SW Cedar Rapids, IA 52404	363-0636, x2712	Hours vary Call for information	Delinquency-specific Day Treatment Programs for adolescents, with treatment centers in Cedar Rapids. After School Program Project Alert for middle-grade students – for more information www.fouroaks.org
Girl Scouts of Eastern Iowa & Western Illinois 317 7th Ave SE, Ste 201 Cedar Rapids, IA 52401	363-8335	Monday - Friday 9:00 AM - 5:00 PM *Hours vary in the summer months	In addition to traditional Girl Scout troops, provides after school Girl Scout programs at a variety of times and locations throughout the community. Through our Outreach Programs, girls have opportunities to learn about self-potential, how to relate to others, how to contribute to the community and developing values. Minimal annual fees, but financial aid is available for those in need. Support to volunteers who serve as advisors to troops/groups where girls develop individual potential, develop values, learn to relate to others and contribute to society. Times and locations vary at discretion of volunteer leadership. Contact Allison Johnson. www.girlscoutstoday.org
Grant Wood Area Education Agency Sixth St Facility 4401 Sixth St SW Cedar Rapids, IA 52404	399-6700 OR 800-332-8488 OR TDD 399-6766	Assistance available online & by phone Monday - Friday 7:30 AM - 4:30 PM	AEA's work as educational partners with local public accredited private schools to help assure that all children reach their potential. Services are provided in the following areas: Special Education, Instructional Media, School Technology, Instructional Services, Professional Development, Leadership, School-Community Planning, and Multicultural, Gender-Fair. www.aea10.k12.ia.us Programs & Services http://www.aea10.k12.ia.us/services/index.html Online Resources for Students http://www.aea10.k12.ia.us/media/electronic.html Parents/Student Resources http://www.aea10.k12.ia.us/parstu.html
HD (Henry Davison) Youth Center 1445 Mt. Vernon Road SE Cedar Rapids, IA 52401	365-1662 or 329-8841	Monday - Friday 3:00 PM - 6:00 PM	www.hdyouthcenter.org

Name & Location	Phone Number	Days/Hours	Services Provided
Heartland Youth for Christ 2600 1ST Ave NW Cedar Rapids, IA 52405	393-7996	Monday - Friday 8:00 AM - 5:00 PM	Provide activities before and after school. One on one counseling and mentoring services, trips and camps. www.heartlandyfc.org
Helen G. Nassif YMCA 207 7th Ave SE Cedar Rapids, IA 52401	366-6421	Monday - Thursday: 5:00 AM - 10:00 PM Friday: 5:00 AM - 9:00 PM Saturday: 7:00 AM - 5:00 PM Sunday: 10:00 AM - 4:00 PM	Scholarships for memberships and programs may be available. Fees based on a sliding fee scale.
Horizons, a Family Service Alliance 819 5 th St. SE P.O. Box 667 Cedar Rapids, IA 52406	398-3943	Monday - Wednesday 8:00 AM - 5:00 PM Thursday: 8:00 AM - 6:00 PM Friday: 8:00 AM - 5:00 PM	Counseling, mental health counseling, financial counseling, Meals on Wheels, child and family programs and Survivor's program.
Iowa Aftercare Services Network/ Foundation 2 1500 2nd Ave SE, Ste 201 Cedar Rapids, IA 52403	368-3376	Monday - Friday 9:00 AM - 5:00 PM	Housing, skills training and support services to young adults, ages 18-21, which have "aged out" of the foster care system for Linn, Benton and Jones Counties. www.iowaaftercare.org
Jane Boyd Community House 943 14th Ave SE Cedar Rapids, IA 52401	366-0431	Monday - Friday 8:00 AM - 5:30 PM Achievement Academy: Monday - Friday 4:00 PM - 7:00 PM (after school)	Jane Boyd offers youth programs including Early Childhood Development, out-of-school time enrichment for youth in 1 st -8 th grade and dance lessons. For older adults Jane Boyd offers Senior Bingo and Knitter Club.
Kid's Point Downtown Learning Center & Preschool 318 5 th St SE Cedar Rapids, IA 52401	365-1636	Monday - Friday 6:00 AM - 6:00 PM	Provides quality, licensed childcare for children ages 6 weeks to 12 years. Serves children of all socio-economic levels, accepts DHS funding and offers a sliding scale fee for families who exceed DHS income guidelines. A Family Support Specialist is available to help families who are in need of resources beyond the scope of the classroom environment – financial, behavioral or family concerns. The school district provides busing to and from Grant Wood and Johnson Elementary Schools for a fee. Accepts children on State Child Care Assistance (DHS Block Grant), sliding fee and private pay.
Kid's Point North 4650 42 nd St NE Cedar Rapids, IA 52402	294-1722 x10	Monday - Friday 6:30 AM - 6:00 PM	Provides quality, licenses childcare for children ages 6 weeks to 5 years. Serves children of all socio-economic levels, accepts DHS funding and offers a sliding scale fee for families who exceed DHS income guidelines. A Family Support Specialist is available to help families who are in need of resources beyond the scope of the classroom environment – financial, behavioral or family concerns.
Kid's Point School Aged Child Care 318 5 th St SE Cedar Rapids, IA 52401	365-1635	Monday - Friday 6:30 AM - 6:00 PM	Before and after school care for children kindergarten through 5 th grade which provides a whole language approach to teaching. We are also open on in-service and early dismissal days. We currently serve children at Cleveland, Hiawatha, Kenwood, Kids Point Downtown, Hoover, Madison, Erskine, Jackson, Garfield and Pierce Elementary Schools. We also offer programming for Grant Wood and Johnson schools. Kid's Point South offers programming for College Community students. Summer Adventure Camp is offered at select sites. Accepts children on State Child Care Assistance (DHS Block Grant), sliding fee and private pay.

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Metro Care Connection Office: 720 7th Ave SW Cedar Rapids, IA 52404 Clinics: Metro High School, Jefferson High School, Kennedy High School	558-2481	Monday - Friday 8:00 AM - 4:00 PM (school year) No summer hours	Provides school-based health care to students (and their siblings) in the Cedar Rapids Community School District. Focus is on those without access to other care. Services include health care (physical examinations, immunizations, treatment of minor illness, prescriptions for medications), mental health counseling and substance abuse counseling. Staffed by pediatric nurse practitioners, mental health therapists and substance abuse counselors.
Olivet Neighborhood Mission and Head Start 230 10th St NW Cedar Rapids, IA 52405	364-7946	Tuesday - Friday 8:30 AM - 11:30 AM Saturday 9:00 AM - 11:30 AM	Clothing Closet: Clothes (newborn through adult) and household items free or nominally priced. Food Pantry: Tuesday through Friday from 8:30AM to 11:30AM. Saturday 9:00AM - 11:30 AM After School Program: Youth, 5-13 years, Monday through Friday from 3:30 PM to 6:00 PM. (Through Boys & Girls Club) Summer Recreation: 8:30 AM to 5:30 PM, Monday through Friday. (Through Boys & Girls Club)
Family Educator Partnership 4401 6th St SW Cedar Rapids, IA 52404	929-3786	Monday - Friday 8:00 AM - 4:30 PM (Resource library)	One to one consultation with parents and professionals, resource library and website newsletter services related to working with and parenting individuals with disabilities. http://www.aea10.k12.ia.us/schcomplan/PEP/index.html
Planned Parenthood of the Heartland 3425 1st Ave SE, Ste 100 Cedar Rapids, IA 52402	363-8572 Call for appointment Walk-ins welcome	Monday 9:00 AM - 5:00 PM Tuesday 11:00 AM - 7:00 PM Wednesday 9:00 AM - 5:00 PM Thursday 9:00 AM - 3:00 PM & Friday 11:00 AM - 4:00 PM (Thursday & Friday: pick up supplies only)	PPECI provides programs and resources to help parents/other trusted adults become ask-able adults, and be the main source of accurate sexual health information for the youth in their lives. PPECI provides nationally and state recognized research proven effective curricula for middle and high school aged youth. All programs are medically accurate, age-appropriate comprehensive sex education. PPECI can tailor programs for all ages/developmental stages and any size group of youth or adults. Topics include: Reproductive Health, Puberty, Gender Roles, Abstinence, Contraceptives, STI Prevention, Unintended Pregnancy Prevention, Healthy Relationships, Communication, Goal Setting, Decision Making, etc. Learn more by visiting www.ppeci.org
School to Home Connection 520 11th St NW Cedar Rapids, IA 52405	892-5727	Hours vary. No weekend hours. Please call for assistance	The in-home program provides skill building services to families of youth struggling with behavior difficulties in school. Child must be pre-kindergarten through sixth grade and attend a school within the Cedar Rapids Community School District. No fees.
St. James United Methodist Church 1430 Ellis Blvd NW Cedar Rapids, IA 52405	363-3119	8:00 AM - 12:00 PM Pastor available anytime	Before and after school programs. Please call for more information.
Stoney Point YMCA 300 Stoney Point Road SW Cedar Rapids, IA 52404	390-3488	Monday - Friday 5:30 AM - 9:00 PM Saturday 7:00 AM - 4:00 PM Sunday 12:00 PM - 4:00 PM	Scholarship program for memberships and programs. Sliding fee scale available, based on annual income.
The Salvation Army Summer Day Camp 1000 C Ave NW Cedar Rapids, IA 52405	364-2273	Monday - Friday 7:30 AM - 5:30 PM Mid-June - Mid-August	Summer day camp for children ages 5-12. Sliding scale available. Youth must sign up for 7 of 10 weeks. Parents must be working or in school.

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Tanager Place 2309 C St SW Cedar Rapids, IA 52404	365-9164	Monday - Friday 8:00 AM - 4:30 PM	An inpatient psychiatric treatment program provides structured goal oriented interventions for 68 children on a 24 acre campus. Community based programs assist 500 families daily with individualized treatment. Tanager's outpatient Mental Health Clinic provides psychiatric diagnosis, medication management and therapy to over 1700 children and their families annually. Camp Tanager provides a free camp experience for at-risk children, serving economically disadvantaged children. Medical camps for children with diabetes and hemophilia are also available. www.tanagerplace.org or www.camptanager.org
TIES Program St. Lukes Hospital 1026 A Ave NE, 2nd Floor Cedar Rapids, IA 52402	558-4861	Monday - Thursday 8:00 AM - 5:00 PM	Based on Tennessee's Regional Intervention Project, TIES is a parenting program that teaches parenting techniques to help preschoolers with challenging behaviors and their families. For children ages 18 months to 5 years.
Workplace Learning Connection 1770 Boyson Road Hiawatha, IA 52233	398-1040	Monday - Friday 8:00 AM - 5:00 PM	Services to develop future workforce by connecting business and education in relevant, work-based learning activities for K-12 students and teachers in Area 10. Services include: job shadows, internships, tours, speakers, career fairs. www.workplace-learning.org