

# MINUTES

## Linn County Opioid Steering Committee Wednesday, October 3, 2018 2:00-3:30 PM

### Welcome & Introductions

Andy Oleson, Chair, welcomed everyone to the meeting. Introductions were made.

### Present

Andy Oleson, Katie Reasner, Jim Houser, Jacklyn Gillen, Joe McHale, Timothy McGullam, Rod Courtney, Kevin Techau, Lindsay Schrader, Mallory Hughes, Elizabeth Kluesner, Jennifer Donovan, Lori Weih, Michaela Ramm, Dustin Arnold, Kim Honn, Pat Reinart

### Sub-Committee Updates:

#### Prevention and Community Education – Katie Reasner & Amy Doerrfeld, Co-Chairs

- The group had a brief discussion about who our target population is. Based on opioid death overdose data, our target population is 25-45 year olds. Based on the Iowa Youth Survey (IYS) Data and in regards to primary prevention, our target audience is 6th graders-24 year olds. Amy reported there was a misperception regarding safety of prescription medication, especially among middle school youth. Additionally, bringing Naloxone training to “high-risk” groups is also needed and something ASAC is currently doing. Amy will put together a list of trainings completed thus far.

Type of Resource	Audience	Content	Existing?	When to distribute (point of contact)	Who will distribute?
Crisis cards (business card size)	Individuals in crisis, family, friends of those recently hospitalized and overdosed	Reporting/crisis call lines	No. Similar to F2	LE – on calls where Jail Dept. Correctional Services (DCS)	Law Enforcement
Why is opioid use a problem	All	Statistics and effects of opioid use		Churches, Colleges	
What to do immediately after an overdose	Family/friends	Process for stabilization – naloxone use and process			
How to help after stabilization	Family/friends	Support groups		Jail DCS	
What to do if you are concerned about opioid use	Family/friends	Good Samaritan Law, preventing overdose, how to talk.....		Churches, Colleges	
Recovery/treatment programs				Churches	
Support groups for individuals recovering from use	Users, family, friends			Churches	
Medication disposal	All	Where and why to dispose safely of medications	Yes - ASAC	Colleges, Schools	

- Trainings/presentations
  - List of organizations/groups that have received training on opioid use – identify gaps, promote to other similar organizations
  - Naloxone Trainings:
    - Is there a way we can get funding for face shields to provide to the community so that they feel more comfortable providing rescue breathing?

### **Healthcare, Treatment & Harm Reduction – Sarah Ziegenhorn, Chair**

- Sarah Ziegenhorn was unable to attend.
- No other members from this subcommittee were present.

### **Law Enforcement & First Responders – Jackie Gillen & Andy Olesen, Co-Chairs**

- Members of this subcommittee are going to be performing trainings for the fire department. The first will take place on October 12, 2018 during the lunch hour (11:30am-12:30pm) in Mount Vernon.
- The trainings entail 30 minute blocks from the Police Department, Firemen, and EMS. Future trainings will include Hiawatha and Monroe in November.
- Info to watch out for:
  - Crime scene
  - Photos taken
  - Statements made
  - Witness in court
  - Sign of overdose
  - What to do in the event of an overdose
- Members who attend this training receive CEH credit and will count towards certification renewal.
  - This will be 2 free hours for individuals
  - \$20 per class through Kirkwood College
  - Who will pay for this?
- Contact Jackie Gillen or Andy Olesen for more information.

### **Data Collection – Amy Hockett & Chief McHale, Co-Chairs**

- No members of this subcommittee were present.

### **Legislative/Other Elected Officials – Kevin Techau, Chair**

- Waiting for things to come together in other subcommittees.
- Talk to Pramod:
  - Getting laws into place
  - Getting laws changed
    1. ie: Needle Exchange Program
- Jim Houser: there is tension with the Needle Exchange Program.
- Kevin Techau: Successful programs have been put into place.
  - ie: Strengthening pharmacies
  - Good Samaritan Law
- LCPH is hosting an Elected Official meeting to include Board of Health, Board of Supervisors and Linn County Elected Officials. This meeting will be held on Friday, Oct. 12<sup>th</sup>.

### **Open Discussion**

- **Jim Houser:**
  - Is it possible to change the day of the week?
  - Can we send out a Doodle poll again?

### **Wrap-Up & Next Meeting Planned**

- Next meeting – TBD